

HOLIDAY RUN AND WALK FOR HEALTH

2005 RESULTS BOOK ***OUR 29TH YEAR***



**For information about the
30th Annual Holiday Run and Walk for Health
Saturday, December 9, 2006**

Contact Martha Parsons at (925) 757-8138
or by e-mail at martha@holidayrunandwalk.org.

The Holiday Run and Walk for Health is a community project of The Kiwanis Club of Antioch Foundation.

This special event is endorsed by the California Task Force and Youth and Workplace Welless and its Chair, Senator Tom Torlakson.

Sponsorships are appreciated.

For more information, or to sign-up as a Holiday Run and Walk for Health sponsor, check out our web page at

<http://www.holidayrunandwalk.org>

Please send mail inquiries to:

The Delta Kiwanis Club of Antioch
Tax ID # 16-1693220
c/o 99 West Lake Drive
Antioch, CA 94509

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The Kiwanis Club of The Delta, Antioch, California, is a group of local men and women who believe in our motto, "Serving the Children of the World!"

One of nine clubs in Division 26 of the Cal Nev Ha District of Kiwanis International, our vision is to make a difference in our community through our service—especially to the children of our community and the world. If you too would like to serve the children of the world, please join us!

We meet weekly at *Denny's Restaurant* on Lone Tree Way next to Staples and Orchard Supply in Southeast Antioch. 7 a.m., *Tuesday mornings*. Come Visit!

Some of our 2005-2006 Service & Fundraising Projects and Activities Include:

- 30th Anniversary Holiday Run & Walk for Health and Health Faire, December 9th, 2006
- Annual Holiday Run Awards Breakfast
- Antioch High School Blood Drive with American Red Cross
- Antioch Rivertown Jamboree
- Building New Concord Kiwanis Club
- Deer Valley High School Blood Drive with American Red Cross
- Holiday Delites Parade
- Key Club Get-Acquainted Party
- Key Clubs at both Antioch and Deer Valley High Schools
- Membership Drive - On-Going
- NBC11 John Farley & Albertson Stores Turkey and Holiday Food Drive
- Pittsburg Seafood Festival
- Pride of the Delta Restaurant Tour
- Relay For Life Food Chairmanship
- Relay For Life Pancake Breakfast for Participants
- Scholarships For High School Seniors - Deer Valley & Antioch High Schools
- Senior Fishing Day at Contra Loma Regional Park with Pittsburg Kiwanis Club
- Sponsor a Soccer League Team
- Sponsor Challenged Children Little League team
- Spring Pasta Fest for local charities
- St. Jude Children's Hospital Pancake Breakfast
- The Big-Little Game Awards Lunch Senior Scholarships with Pittsburg Kiwanis Club

Please check out our website: www.delta-antiochkiwanis.org

If you're interested in finding out more about our club,
please call Martha Parsons at 925-757-8138

HISTORY OF THE HOLIDAY RUN AND WALK FOR HEALTH

In 1977, Tom Torlakson, a teacher and coach at Pacific High School, and Mike Hurd, the Antioch High School Cross Country coach during the 1970s, decided to pull together a new East County event. One in which their runners could participate after the Cross Country season ended, and one that would involve their community more in running.

In the 2nd year, Torlakson approached Clark Gelhaus—a teacher as well as a swimming instructor and fitness enthusiast—and the Delta Kiwanis Club to help with the event. Both the Kiwanis and Gelhaus enthusiastically embraced the Holiday Run.

The event's organizers have continued to expand and transform the event to make it enjoyable and meaningful for participants.

A 10K race was added by 1979. In the 1980s, the race was moved up to Raley's Shopping Center to take advantage of the nearby Contra Costa Canal trail. In 1987, the Holiday Run's "School Participation Challenge" was initiated as a way to get younger students involved in the race and fitness.

In 1991, the race moved to the nearby Delta Memorial Hospital, now Sutter Delta Medical Center, allowing the use of their facilities for race headquarters. The walk was added to attract parent participation, seniors, and the growing number of recreational walkers.

In 1995, Delta Kiwanis made the Byron Boys Ranch—recently renamed the Orin Allen Youth Rehabilitation Center—a targeted beneficiary of the financial proceeds of the event. Youth groups remain major beneficiaries to this day. A health fair was added and in 1997 our name evolved once again, to the "Holiday Run and Walk for Health."

In 2004, Torlakson orchestrated the move to Cypress Meadows and remapped the race course. Thanks to Cypress Meadows owner Vince Malfitano, we have a new home and starting area—and have eliminated the ever more congested Lone Tree Way race crossing. Torlakson also initiated a Libraries Challenge and a Seniors Challenge Walk. Libraries will become beneficiaries and through their participation be awarded funds to buy up-to-date materials on fitness and nutrition.

Over a quarter of a century! While much has changed in the world, running as a sport is still a fantastic way to stay fit and have fun. Where does this event go from here? The "Holiday Run and Walk for Health" has great potential to grow further and bring its message of fitness and family health to hundreds of others. We invite your ideas and help as we prepare for the 30th year of this vital event!

THANK YOU TO THE 29TH ANNUAL HOLIDAY RUN & WALK FOR HEALTH SPONSORS

Presenting Sponsors

SENATOR
TOM TORLAKSON



KIWANIS CLUB OF
THE DELTA, ANTIOCH

CYPRESS MEADOWS
ASSISTED LIVING



*Sutter Delta
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THANK YOU TO THE 29TH ANNUAL HOLIDAY RUN & WALK FOR HEALTH SPONSORS

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Deputy Sheriff's Association

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USS Posco Industries

GWF Power Systems

United Professional Firefighters
of Contra Costa

Media Sponsors

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Clear Channel

Antioch Weekly Press

Tri-Delta Transit

THANK YOU TO THE 29TH ANNUAL HOLIDAY RUN & WALK FOR HEALTH FAIR VENDORS

Sutter Delta Medical Center (providing health and fitness testing/screening and the vendor booths)

Special Guests:

Senator Tom Torlakson
Dean Karnadas - author, The Ultramarathon Man and Midnite Runner
Dr. Wally Bortz - author, Dare to Live 100 and Diabetes Danger
Magic Jeanie

Product Sponsor Vendors:

Fleet Feet
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Switch Beverages
Naked Juice
Delta Bowl
CytoSport
Jamba Juice
Discovery Toys
Safeway Stores (Food For Life Campaign)
Sensible Foods
Solar Swim and Gym (offering neck & shoulder massages)

Health Associated Booths:

5-A-Day, Contra Costa County Health Services
24 Hour Fitness
CALSTAR
CAL Rx
CPR - FAST
American Cancer Society
American Heart Association

Other Booths:

Kiwanis Club of the Delta
Antioch Library
East Bay Regional Parks District
Key Club Fruit Booth
Delta Park
Runfitter
Antioch Weekly Press

30th Holiday Run and Walk for Health & Health Fair

Saturday, December 9, 2006

Dear Friends, Sponsors, and Fitness Enthusiasts:

We know you will enjoy the 30th Anniversary of the Holiday Run and Walk for Health and Health Fair in Antioch, coming on December 9, 2006. We invite you to participate in this year's run, walk & health fair. Use this event as a goal for increasing your own personal fitness and energy—and that of your family!

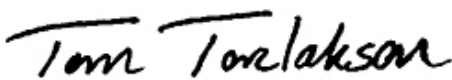
We are now entering our third decade! This event is the longest “running” fitness event in East Contra Costa—and is one of the earliest and most steadfast events promoting fitness and clean living in Northern California. It has been possible to carry on this tradition and spread this message due to the generous support of sponsors and the tireless energy of hundreds of volunteers. If you'd like to join our planning committee for 2006, let us know. We need your ideas and help.

We welcome your feedback. We're always looking to improve and expand. For instance, due to increased traffic on Lone Tree Way, and thanks to the generosity of *Dr. Vince Malfitano*, in 2004 and 2005 we moved the race and all activities across the street to his facility, *Cypress Meadows*. And again, thanks to the work of the Health Fair Committee and *Sutter Delta Medical Center* the Health Fair was bigger and better than ever!

This fair included the California Task Force on Youth and Workplace Wellness, initiated by Senator Torlakson, which distributed the latest information on what's been done about the diabetes and obesity epidemics among our youth, and what we can do in our schools to improve nutrition and the physical education programs. As a result of our generous sponsors, the 2005 event's proceeds benefited the Orin Allen Rehabilitation Center, Contra Costa Police Athletic Association, local youth groups and service clubs, and Contra Costa County schools and libraries. Those awards were given at our Second Annual Awards Breakfast in February 2006!

The Antioch Kiwanis Club of the Delta invites you to share this unique health awareness and fitness action event in 2006—our 30th year! Join in on the fun & the health of it!

Sincerely,



Senator Tom Torlakson
Race Founder



Martha Parsons, Race Director
Antioch Kiwanis Club of the Delta
30th Holiday Run and Walk for Health

For More Information Regarding the 30th Anniversary Holiday Run & Walk for Health on December 9, 2006
Call (925) 757-8138 or (925) 757-2379, or email tom@tomtorlakson.com
c/o Gloria Omania, 4219 Woodland Drive, Concord, CA 94521



2005 GRANT RECIPIENTS AND PARTICIPATION WINNERS

The Holiday Run and Walk for Health is pleased to be able to provide grants to worthy organizations in our communities—thanks to the support of our sponsors and participants.

In addition to grants given to local organizations, the event also awards the top school, library, and senior facility participant organizations.

Elementary Schools

1. John Muir
2. Diablo Vista
3. Turner

Libraries

1. Antioch Library
 2. Concord Library
 3. Oakley Library
- Honorable Mention: Pittsburg Library

Middle Schools

1. Holy Rosary
2. Dallas Ranch
3. Black Diamond

High Schools

1. Deer Valley
2. Antioch
3. Freedom
3. De La Salle



Dean Karnazes,
internationally known
endurance athlete and
best-selling author of
*Ultramarathon Man:
Confessions of an All-Night Runner*
addresses the crowd



Dr. Walter Bortz,
a medical professor at
Stanford University
and the author of
*Dare to be 100,
Living Longer for Dummies, and
We Live Too Short and Die Too Long*



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THE FASTEST TIMES

1 MILE SINCE 1991

FASTEST BOYS, 12 & UNDER (SINCE 1991)

Time	Runner	Year
5:48	BRANDON BABESTRERI	2005
6:02	ADAM STARK	2000
6:11	SCOTT RICCABONA	2002
6:12	ADRIAN GALLO	2002
6:16	AARON BATES	2004
6:23	MICHAEL OFSTAD	2004
6:24	MARK CADWALLADER	2002
6:24	JEREMY BITTLE	2005
6:30	NICHOLAS HASJIM	2005
6:31	ANDREW BOCK	1997
6:35	ZACK HENTHORN	1997
6:36	DOMINIC MILLER	1999
6:36	MAVERICK BRADFORD	2005
6:37	LOUIE TYLER	2000
6:42	KYLE WASSERMAN	2004
6:52	JACOB ROBERTSON	2002
6:55	COREY MANGUS	2002
6:55	JAEGER BROOKS	2005
6:55	KEN ROCHA	2005
7:04	MATT SMITH	1997
7:04	KYLE WASSERMAN	2003
7:04	IAN McLAIN	1999
7:05	CAYSON SHEFIELD	1999
7:08	JOSEPH METCALF	2005
7:09	CLAYTON CONROY	1998
7:09	TANNER RENSHAW	2000
7:11	MATT BEHRENS	1998
7:17	MICHAEL LANDSKI	2004
7:18	BO O'HARA	1999
7:19	TANNER GIBNEY	2004
7:19	CAMERON SPERRY	2004
7:20	ERIC NELSON	2001
7:23	DEREK ROBERTSON	2000
7:24	STEVEN OFSTAD	2004
7:26	ERIC SCHRODER	1996
7:28	JEREMY BITTLE	2004
7:28	JEFF OSTLUND	1998
7:29	ERIC BACON	1997

FASTEST GIRLS, 12 AND UNDER (SINCE 1991)

Time	Runner	Year
6:22	BRIGITTE HILLESHEIM	2005
6:40	BECKY ROBINSON	1999
6:52	HALEY CRAWFORD	2003
7:06	TAYLOR ALLEN	2005
7:09	KENDALL KAWALKOWSKI	2005
7:21	HANNAH BARTLEBAUGH	2005
7:28	KIMI WILLIAMS	1997
7:30	TAYLOR ALLEN	2004
7:30	JESSICA EICH	2000
7:34	EMILY ROBINSON	1997
7:36	SHELLY PEREZ	2002
7:37	KARA STARK	2002
7:37	VENESSA BARTHOLOMEU	2003
7:49	JACKIE ANDERSON	1997
7:54	CARMEN REGALATO	2000
7:56	KARA STARK	2004
8:02	CAITLIN MADRIGAL	1997
8:03	TERESA GARCIA	1996
8:07	JASMINE NORRIS	2004
8:11	HANNAH BARTLEBAUGH	2004
8:17	ALLIE KENNAMORE	2005
8:19	TAMARA TORLAKSON	1997
8:20	MICHELLE WILLIAMS	1996
8:20	KATIE ZIRKEL	2001
8:24	ELIZABETH CADWALADER	1999
8:25	MARGARET EMERSON	2002
8:27	HALI HENTHORN	1997
8:27	EMILY JOPLIN	2001
8:29	ROSALIE SULLIVAN	2002
8:35	HEATHER SLINDE	1999
8:36	CIEARA WALDER	2002
8:36	KAWALEREET KAVR	2005
8:38	ASHLEY CHAVEZ	1996
8:46	EMMA PETERSON	2005
8:52	ALLIE KENNAMORE	2004
8:55	BRIGITTE HILLESHEIM	2001
8:56	ALICIA RICKLI	2004
8:57	NATILEY SCHWARTZ	1996

THE FASTEST TIMES

3 MILE SINCE 1979

FASTEST MEN (SINCE 1979)

Time	Runner	Year
14:28	TRENT BRYSON	1999
15:33	BRIAN WHITE	1991
15:42	MIKE AMOROSA	1990
15:46	STEVE NUNEZ	1998
15:47	BRENT WRIGHT	1998
15:51	CHRIS HERNANDEZ	1998
15:57	DON STRONG	1991
15:59	LEON SHORDON	1987
16:01	ERIC EGLAND	1987
16:04	ROBERT PARKS	1987
16:04	DEVIN CALLISTER	1999
16:06	MIKE HOTTON	1987
16:14	PHIL FRANCE	1992
16:18	FERGAL FLANAGAN	1992
16:19	MATTHEW OWEN	1999
16:23	DAN FITZPATRICK	2002
16:30	MIKE BYROADS	1991
16:31	NICK NICHOLS	1992
16:31	ROBERT BRUNO	1991
16:33	CRAIG AVIS	1998
16:33	JONATHON LARSON	1998
16:34	DAVID LINK	1979
16:35	DAN LOOBY	1987
16:38	RON TANAKA	1986
16:39	TOM TORLAKSON	1986
16:40	BRIAN WILSON	1997
16:49	GEORGE MASON	1986
16:49	CHARLIE PETLEY	1997
16:50	MICHAEL ZYGACZENKO	1988
16:51	ARMAND REPULLES	1987
16:53	DOUG DOOLIN	1989
16:53	CHARLIE PETLEY	1999
16:53	SAM BERKHOLDER	1999
16:55	LANCER SMITH	2003
16:56	STEVE TIETZ	1995
16:58	KEVIN CUBILLAS	1994

FASTEST WOMEN (SINCE 1979)

Time	Runner	Year
17:49	JANIE NOLAN	1998
18:40	STEPHANIE KSENSULAK	1997
18:43	AMBER COOK	1993
18:44	CHRISTINE PEREZ	1999
18:54	KATIE WALLACE	1998
18:56	WIN PERSINA	2001
18:57	MELINDA MORSE	1999
19:02	SHELLY PIERSON	1999
19:03	BEVERLY WOO	1986
19:05	ROBERTA MCGRAW	2004
19:09	SHEILA NATHO	1997
19:22	LAURA SIMONCINI	1999
19:27	ASHLEY HODGES	2005
19:32	TIFFANY TAYLOR-DEUSEBIO	2000
19:38	AMBER McCREA	1993
19:38	TIFFANY TAYLOR-DEUSEBIO	2005
19:39	DANIELLE MOORE	1997
19:47	ANGELA FLOOD	1998
19:48	STEFANIE NUNEZ	1999
19:52	LINDSEY HENTHORN	1997
19:54	ROBERTA MCGRAW	2000
19:56	CHENG-ER MEHMEDBASICH	1986
20:07	ERIN ONGMAN	1997
20:15	STACIE JOHNSON	1989
20:21	JENNIFER TOWNSEND	1998
20:24	HOLLY ROOT	1999
20:27	BARBARA GINOS	1987
20:29	LAUREY DAVIS	2002
20:33	CINDY PRINDEVILLE	1988
20:34	MELLIE REGALADO	2003
20:34	KATHY BOETTCHER	1997
20:38	CYNTHIA HALL	2000
20:39	MELLIE REGALADO	2004
20:39	DINA NIELS	2000
20:42	ANGELA LINDSAY	1990
20:47	JOVITA MADRIGAL	1979

THE FASTEST TIMES

10K SINCE 1979

FASTEST MEN (SINCE 1979)

Time	Runner	Year
31:29	SCOTT MOLINA	1979
32:00	CRISPIN ROMERO	1982
32:42	BRIAN HAMILTON	1980
32:55	THOM TRIMBLE	1987
33:14	BILL SEAVER	1987
33:22	BRAD KEARNS	1979
32:40	BRAD HAWTHORN	1992
33:47	NATHAN MIYASAKI	1999
34:07	ERICH ACKERMANN	1997
34:24	KEN DEMPSTER	1989
34:31	JIM MYERS	1980
34:32	BYRON CHONIERE	1987
34:33	BRIAN WHITE	1989
34:56	MICHAEL ABRAMS	1996
35:04	NOAH HINGSTON	1995
35:06	KEN DEMPSTER	1991
35:10	DON HICKS	1995
35:13	ROBERT DOBSON	1980
35:15	JEFF COWLING	1994
35:47	CAMERON SARMIENTO	1997
35:48	STEVEN CHAVEZ	2004
35:51	GREGMI SLICK	2000
35:56	KEVIN SEARLS	1997
35:58	GIAN GROSS	1991
36:01	ROBERT HARDY	1993
36:01	MIKE AMOROSA	1995
36:01	CHARLIE LORCH	1995
36:06	DANIEL GARCIA	1987
36:18	MARK LOOS	1990
36:19	MATTHEW GREENE	1997
36:22	ERIC REIPLING	1994
36:30	KEVIN CONLEY	1985
36:34	JOEL ACOSTA	1980
36:34	CHAD MARQUARDT	1989
36:37	KARL BACON	1992
36:40	WESLEY HURLBURT	1982
36:47	JOHN KERNER	1987
36:52	THOMAS ARBUCKLE	1992

FASTEST WOMEN (SINCE 1979)

Time	Runner	Year
35:38	LINDA SOMERS	1992
37:58	MICHELLE CONLAN	1997
38:55	BETH VITALIS	1996
40:00	SHANE FELIX	1982
40:29	ELAINE SCALES	1994
40:50	JoANN DAHLKOETTER	1995
41:15	SHARLETT GILBERT	1997
41:04	PATTY CAMPBELL	2001
42:01	GINA RICHMAN	1997
42:06	MELINDA MORSE	2001
42:13	KATHRYN ARMSTRONG	1982
42:39	KAREN FORD	1991
42:42	LORENE ORMAN	1997
42:46	ANDREA MADRIGAL	1979
43:04	SUE RICH	1980
43:04	MARIANNE BALDETTI	2005
43:12	KIM TOWNSEND	1982
43:21	TIFFANY DEUSEBIO	1999
43:39	TRACY GUYMON	2005
43:45	EILEEN CONROY	1992
43:50	SUSANNAH SIRHA	1992
43:52	ROBERTA McGRAW	1999
43:56	LINDA YOUNG	1995
44:02	TRACY JOHNSON	1997
44:38	MARCIA HUMMEL	1992
44:49	ANGELA FLOOD	1999
44:57	CARRIE CHAVEZ	2004
45:02	OLIVIA VEGH	2005
45:07	WENDY INGRAM	2001
45:09	LINDA WIMMER	1987
45:11	TRACY GUYMON	2004
45:11	BARBARA GINOS	1989
45:13	COURTNEY DAVIS	2004
45:23	DEB SPALDING	2000
45:25	CHRISTINE HODGE	1987
45:35	CARINA HENDRICKS	2005
45:36	ANN MARY ORDWAY	1982
45:36	CAROL BRUTON	1994

29TH HOLIDAY RUN AND WALK FOR HEALTH

**DECEMBER 10, 2005
RACE RESULTS**

by On Your Mark



1 MILE RUN/WALK TOP FINISHERS

Top Men

	AGE	TIME
1. BRANDON BABESTRERI, EL SOBRANTE, CA	11	0:05:48
2. CARL PALMUCCI, FREMONT, CA	46	0:05:51
3. AARON BATES, ANTIOCH, CA	13	0:06:17
4. JEREMY BITTLE, ANTIOCH, CA	12	0:06:24
5. NICHOLAS HASJIM, PLEASANTON, CA	9	0:06:30

Top Women

	AGE	TIME
1. BRIGITTE HILLESHEIM, EL SOBRANTE, CA	11	0:06:22
2. JASMINE NORRIS, ANTIOCH, CA	13	0:07:02
3. TAYLOR ALLEN, ANTIOCH, CA	10	0:07:06
4. KENDALL KAWALKOWSKI, OAKLEY, CA	11	0:07:09
5. HANNAH BARTLEBAUGH, ANTIOCH, CA	11	0:07:21

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1 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 1- 6	AGE	TIME	
1. MITCHELL KENNAMORE, ANTIOCH, CA	6	0:08:45	O'All: 29
2. MICHAEL WHEATFILL, ANTIOCH, CA	4	0:11:03	O'All: 44

Division: Men - 7- 9	AGE	TIME	
1. NICHOLAS HASJIM, PLEASANTON, CA	9	0:06:30	O'All: 5
2. JAEGER BROOKS, OAKLEY, CA	9	0:06:55	O'All: 8
3. MAX SHELLY, PAEALUMA, CA	9	0:08:39	O'All: 27
4. AUSTIN RICKLI, ANTIOCH, CA	8	0:09:22	O'All: 30
5. DEVIN WHITMIRE, ANTIOCH, CA	7	0:10:41	O'All: 39
6. CHRISTOPHER EVANS, ANTIOCH, CA	7	0:10:57	O'All: 43
7. AJ LEMA, ANTIOCH, CA	8	0:12:08	O'All: 47
8. SEAN OFFEMAN, ANTIOCH, CA	9	0:12:31	O'All: 48
9. CARTER MITCHELL, WALNUT CREEK, CA	9	0:12:50	O'All: 51

Division: Men - 10-12	AGE	TIME	
1. BRANDON BABESTRERI, EL SOBRANTE, CA	11	0:05:48	O'All: 1
2. JEREMY BITTLE, ANTIOCH, CA	12	0:06:24	O'All: 4
3. MAVERICK BRADFORD, ANTIOCH, CA	12	0:06:36	O'All: 6
4. KEN ROCHA, BRENTWOOD, CA	12	0:06:55	O'All: 9
5. JOSEPH METCALF, OAKLEY, CA	10	0:07:08	O'All: 10
6. COLEMAN BAKER, ANTIOCH, CA	11	0:07:32	O'All: 14
7. MATT MADEROS, BRENTWOOD, CA	12	0:07:40	O'All: 16
8. SEAN BLACKFIELD, ANTIOCH, CA	10	0:07:51	O'All: 17
9. WILLIAM VELAZQUEZ, ANTIOCH, CA	11	0:07:54	O'All: 18
10. SHEA SBRANTI, OAKLEY, CA	10	0:07:56	O'All: 20
11. MATTHEW YIEN, SAN RAMON, CA	10	0:08:12	O'All: 21
12. JOEY MUGNO, ANTIOCH, CA	11	0:08:13	O'All: 22
13. KEVIN MUGNO, ANTIOCH, CA	10	0:08:14	O'All: 23
14. TRISTEN TAFOYA, ANTIOCH, CA	10	0:08:37	O'All: 25
15. JOHN PETERSON, ANTIOCH, CA	12	0:08:38	O'All: 26
16. KEITH YIEN, SAN RAMON, CA	12	0:09:31	O'All: 32
17. MICHAEL CANNON, PITTSBURG, CA	11	0:09:54	O'All: 33
18. RICHARD LOUIE, BRENTWOOD, CA	12	0:10:00	O'All: 34
19. CONNOR PATTON, ANTIOCH, CA	11	0:10:04	O'All: 35
20. JT LEMA, ANTIOCH, CA	10	0:10:35	O'All: 37
21. BRANNON MALODY, ANTIOCH, CA	11	0:10:37	O'All: 38
22. JOSHUA SMITH, ANTIOCH, CA	11	0:10:44	O'All: 42
23. AUSTIN MILLER, ANTIOCH, CA	10	0:11:12	O'All: 46
24. PETR HENKLE, ANTIOCH, CA	10	0:12:33	O'All: 49
25. CAMERON MITCHELL, WALNUT CREEK, CA	11	0:12:48	O'All: 50

1 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 13-99	AGE	TIME	
1. CARL PALMUCCI, FREMONT, CA	46	0:05:51	O'All: 2
2. AARON BATES, ANTIOCH, CA	13	0:06:17	O'All: 3
3. STEVEN OFSTAD, ANTIOCH, CA	14	0:06:40	O'All: 7
4. DILLON HANSEN, ANTIOCH, CA	13	0:07:20	O'All: 11
5. MICHAEL YOUNG, SAN LEANDRO, CA	50	0:07:21	O'All: 12
6. NEIL BLACKFIELD, ANTIOCH, CA	56	0:07:25	O'All: 13
7. RYAN BITTLE, ANTIOCH, CA	13	0:07:36	O'All: 15
8. JOSEPH CANNON, PITTSBURG, CA	13	0:07:56	O'All: 19
9. BOB MUGNO, ANTIOCH, CA	45	0:08:29	O'All: 24
10. TOM CRAIG, LAFAYETTE, CA	51	0:08:42	O'All: 28
11. KEVIN LANDSKI, ANTIOCH, CA	40	0:09:23	O'All: 31
12. BRADLEY WIGGINS, ANTIOCH, CA	14	0:10:27	O'All: 36
13. NEIL STRATTON, CONCORD, CA	63	0:10:42	O'All: 40
14. MICHAEL STERRETT, ANTIOCH, CA	62	0:10:43	O'All: 41
15. SAM BLITTMAN, ANTIOCH, CA	54	0:11:06	O'All: 45
16. MATTHEW FLEMING, ANTIOCH, CA	48	0:12:52	O'All: 52

CABINETS	C.A.M. GRAHAM O #(925) 454-1110 C #(925) 337-5181	MOULDING
BUILT-INS		CROWN
HOME OFFICE		WINDOW FRAMES
KITCHENS -N-BATHS	CAMERON GRAHAM Lic # 664006	MANTELS
ENTERTAINMENT CENTERS		INTERIOR DOORS

1 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 1- 6	AGE	TIME	
1. RITA LANDSKI, ANTIOCH, CA	5	0:09:23	O'All: 15
2. CHLOE GORSKI, RICHMOND, CA	4	0:11:09	O'All: 25
3. ADDISON RICKLI, ANTIOCH, CA	5	0:12:16	O'All: 28
4. OLIVIA TURNER, ANTIOCH, CA	3	0:16:22	O'All: 38

Division: Women - 7- 9	AGE	TIME	
1. ALLIE KENAMORE, ANTIOCH, CA	8	0:08:17	O'All: 9
2. EMMA PETERSON, ANTIOCH, CA	9	0:08:46	O'All: 11
3. JAZMIN VELAZQUEZ, ANTIOCH, CA	8	0:09:15	O'All: 14
4. TORI ROCHE, ANTIOCH, CA	7	0:10:39	O'All: 21
5. MEGAN WELKER, BRENTWOOD, CA	9	0:11:23	O'All: 26
6. SAIDEE PURCELL, BRENTWOOD, CA	9	0:14:54	O'All: 34

Division: Women - 10-12	AGE	TIME	
1. BRIGITTE HILLESHEIM, EL SOBRANTE, CA	11	0:06:22	O'All: 1
2. TAYLOR ALLEN, ANTIOCH, CA	10	0:07:06	O'All: 3
3. KENDALL KAWALKOWSKI, OAKLEY, CA	11	0:07:09	O'All: 4
4. HANNAH BARTLEBAUGH, ANTIOCH, CA	11	0:07:21	O'All: 5
5. KAWALEREET KAVR, OAKLEY, CA	11	0:08:36	O'All: 10
6. ALICIA RICKLI, ANTIOCH, CA	10	0:09:06	O'All: 13
7. KATHERINE GONZALES, VALLEJO, CA	11	0:09:24	O'All: 16
8. CHRISTINA GALLO, ANTIOCH, CA	11	0:10:10	O'All: 17
9. KIARA WIGGINS, ANTIOCH, CA	12	0:10:21	O'All: 18
10. TRICIA STRATTON, CONCORD, CA	11	0:10:39	O'All: 20
11. WHITNEY WELKER, BRENTWOOD, CA	12	0:11:47	O'All: 27
12. CAITLIN PATTON, ANTIOCH, CA	11	0:13:42	O'All: 30
13. KC STRONG, ANTIOCH, CA	12	0:14:32	O'All: 33

Division: Women - 13-99	AGE	TIME	
1. JASMINE NORRIS, ANTIOCH, CA	13	0:07:02	O'All: 2
2. AME BARTLEBAUGH, ANTIOCH, CA	13	0:07:45	O'All: 6
3. EMILY VIGIL, OAKLEY, CA	13	0:07:47	O'All: 7
4. DINA COLMAN, DANVILLE, CA	37	0:08:00	O'All: 8
5. JENNIFER MARINELLY, PIEDMONT, CA	38	0:08:57	O'All: 12
6. WHITNEY MADEROS, BRENTWOOD, CA	15	0:10:32	O'All: 19
7. SHARON ROCHE, ANTIOCH, CA	38	0:10:40	O'All: 22
8. VALERIE POPPLETON, DANVILLE, CA	39	0:10:50	O'All: 23
9. KELLIE STONE, ANITIOCH, CA	14	0:11:01	O'All: 24
10. INGRID GELHAUS, ANTIOCH, CA	63	0:12:50	O'All: 29
11. MICHELE HENKLE, ANTIOCH, CA	36	0:13:48	O'All: 31
12. ASHLEY EVANS, ANTIOCH, CA	13	0:13:57	O'All: 32
13. BARB PURCELL, BRENTWOOD, CA	45	0:14:54	O'All: 35
14. JESSICA CAMPOS, ANTIOCH, CA	16	0:15:45	O'All: 36
15. KATHLEEN CUYUGAN, ANTIOCH, CA	16	0:15:46	O'All: 37
16. KATHERINE GRANT, ANTIOCH, CA	47	0:16:23	O'All: 39
17. CYNTHIA EVANS, ANTIOCH, CA	42	0:17:20	O'All: 40

1 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. BRANDON BABESTRERI, EL SOBRANTE, CA	11	0:05:48	10 - 12 / 1
2. CARL PALMUCCI, FREMONT, CA	46	0:05:51	13 - 99 / 1
3. AARON BATES, ANTIOCH, CA	13	0:06:17	13 - 99 / 2
4. JEREMY BITTLE, ANTIOCH, CA	12	0:06:24	10 - 12 / 2
5. NICHOLAS HASJIM, PLEASANTON, CA	9	0:06:30	7 - 9 / 1
6. MAVERICK BRADFORD, ANTIOCH, CA	12	0:06:36	10 - 12 / 3
7. STEVEN OFSTAD, ANTIOCH, CA	14	0:06:40	13 - 99 / 3
8. JAEGER BROOKS, OAKLEY, CA	9	0:06:55	7 - 9 / 2
9. KEN ROCHA, BRENTWOOD, CA	12	0:06:55	10 - 12 / 4
10. JOSEPH METCALF, OAKLEY, CA	10	0:07:08	10 - 12 / 5
11. DILLON HANSEN, ANTIOCH, CA	13	0:07:20	13 - 99 / 4
12. MICHAEL YOUNG, SAN LEANDRO, CA	50	0:07:21	13 - 99 / 5
13. NEIL BLACKFIELD, ANTIOCH, CA	56	0:07:25	13 - 99 / 6
14. COLEMAN BAKER, ANTIOCH, CA	11	0:07:32	10 - 12 / 6
15. RYAN BITTLE, ANTIOCH, CA	13	0:07:36	13 - 99 / 7
16. MATT MADEROS, BRENTWOOD, CA	12	0:07:40	10 - 12 / 7
17. SEAN BLACKFIELD, ANTIOCH, CA	10	0:07:51	10 - 12 / 8
18. WILLIAM VELAZQUEZ, ANTIOCH, CA	11	0:07:54	10 - 12 / 9
19. JOSEPH CANNON, PITTSBURG, CA	13	0:07:56	13 - 99 / 8
20. SHEA SBRANTI, OAKLEY, CA	10	0:07:56	10 - 12 / 10
21. MATTHEW YIEN, SAN RAMON, CA	10	0:08:12	10 - 12 / 11
22. JOEY MUGNO, ANTIOCH, CA	11	0:08:13	10 - 12 / 12
23. KEVIN MUGNO, ANTIOCH, CA	10	0:08:14	10 - 12 / 13
24. BOB MUGNO, ANTIOCH, CA	45	0:08:29	13 - 99 / 9
25. TRISTEN TAFOYA, ANTIOCH, CA	10	0:08:37	10 - 12 / 14
26. JOHN PETERSON, ANTIOCH, CA	12	0:08:38	10 - 12 / 15
27. MAX SHELLY, PAEALUMA, CA	9	0:08:39	7 - 9 / 3
28. TOM CRAIG, LAFAYETTE, CA	51	0:08:42	13 - 99 / 10
29. MITCHELL KENNAMORE, ANTIOCH, CA	6	0:08:45	1 - 6 / 1
30. AUSTIN RICKLI, ANTIOCH, CA	8	0:09:22	7 - 9 / 4
31. KEVIN LANDSKI, ANTIOCH, CA	40	0:09:23	13 - 99 / 11
32. KEITH YIEN, SAN RAMON, CA	12	0:09:31	10 - 12 / 16
33. MICHAEL CANNON, PITTSBURG, CA	11	0:09:54	10 - 12 / 17
34. RICHARD LOUIE, BRENTWOOD, CA	12	0:10:00	10 - 12 / 18
35. CONNOR PATTON, ANTIOCH, CA	11	0:10:04	10 - 12 / 19
36. BRADLEY WIGGINS, ANTIOCH, CA	14	0:10:27	13 - 99 / 12
37. JT LEMA, ANTIOCH, CA	10	0:10:35	10 - 12 / 20
38. BRANNON MALODY, ANTIOCH, CA	11	0:10:37	10 - 12 / 21
39. DEVIN WHITMIRE, ANTIOCH, CA	7	0:10:41	7 - 9 / 5
40. NEIL STRATTON, CONCORD, CA	63	0:10:42	13 - 99 / 13
41. MICHAEL STERRETT, ANTIOCH, CA	62	0:10:43	13 - 99 / 14
42. JOSHUA SMITH, ANTIOCH, CA	11	0:10:44	10 - 12 / 22
43. CHRISTOPHER EVANS, ANTIOCH, CA	7	0:10:57	7 - 9 / 6

1 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
44. MICHAEL WHEATFILL, ANTIOCH, CA	4	0:11:03	1 - 6 / 2
45. SAM BLITTMAN, ANTIOCH, CA	54	0:11:06	13 - 99 / 15
46. AUSTIN MILLER, ANTIOCH, CA	10	0:11:12	10 - 12 / 23
47. AJ LEMA, ANTIOCH, CA	8	0:12:08	7 - 9 / 7
48. SEAN OFFEMAN, ANTIOCH, CA	9	0:12:31	7 - 9 / 8
49. PETR HENKLE, ANTIOCH, CA	10	0:12:33	10 - 12 / 24
50. CAMERON MITCHELL, WALNUT CREEK, CA	11	0:12:48	10 - 12 / 25
51. CARTER MITCHELL, WALNUT CREEK, CA	9	0:12:50	7 - 9 / 9
52. MATTHEW FLEMING, ANTIOCH, CA	48	0:12:52	13 - 99 / 16



Dine-In, Take-Out, and Free Delivery (in limited areas)
 6680 Lone Tree Way
 Brentwood
 (925) 634-3664

1 MILE RUN/WALK

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. BRIGITTE HILLESHEIM, EL SOBRANTE, CA	11	0:06:22	10 - 12 / 1
2. JASMINE NORRIS, ANTIOCH, CA	13	0:07:02	13 - 99 / 1
3. TAYLOR ALLEN, ANTIOCH, CA	10	0:07:06	10 - 12 / 2
4. KENDALL KAWALKOWSKI, OAKLEY, CA	11	0:07:09	10 - 12 / 3
5. HANNAH BARTLEBAUGH, ANTIOCH, CA	11	0:07:21	10 - 12 / 4
6. AME BARTLEBAUGH, ANTIOCH, CA	13	0:07:45	13 - 99 / 2
7. EMILY VIGIL, OAKLEY, CA	13	0:07:47	13 - 99 / 3
8. DINA COLMAN, DANVILLE, CA	37	0:08:00	13 - 99 / 4
9. ALLIE KENNAMORE, ANTIOCH, CA	8	0:08:17	7 - 9 / 1
10. KAWALEREET KAVR, OAKLEY, CA	11	0:08:36	10 - 12 / 5
11. EMMA PETERSON, ANTIOCH, CA	9	0:08:46	7 - 9 / 2
12. JENNIFER MARINELLY, PIEDMONT, CA	38	0:08:57	13 - 99 / 5
13. ALICIA RICKLI, ANTIOCH, CA	10	0:09:06	10 - 12 / 6
14. JAZMIN VELAZQUEZ, ANTIOCH, CA	8	0:09:15	7 - 9 / 3
15. RITA LANDSKI, ANTIOCH, CA	5	0:09:23	1 - 6 / 1
16. KATHERINE GONZALES, VALLEJO, CA	11	0:09:24	10 - 12 / 7
17. CHRISTINA GALLO, ANTIOCH, CA	11	0:10:10	10 - 12 / 8
18. KIARA WIGGINS, ANTIOCH, CA	12	0:10:21	10 - 12 / 9
19. WHITNEY MADEROS, BRENTWOOD, CA	15	0:10:32	13 - 99 / 6
20. TRICIA STRATTON, CONCORD, CA	11	0:10:39	10 - 12 / 10
21. TORI ROCHE, ANTIOCH, CA	7	0:10:39	7 - 9 / 4
22. SHARON ROCHE, ANTIOCH, CA	38	0:10:40	13 - 99 / 7
23. VALERIE POPPLETON, DANVILLE, CA	39	0:10:50	13 - 99 / 8
24. KELLIE STONE, ANITIOCH, CA	14	0:11:01	13 - 99 / 9
25. CHLOE GORSKI, RICHMOND, CA	4	0:11:09	1 - 6 / 2
26. MEGAN WELKER, BRENTWOOD, CA	9	0:11:23	7 - 9 / 5
27. WHITNEY WELKER, BRENTWOOD, CA	12	0:11:47	10 - 12 / 11
28. ADDISON RICKLI, ANTIOCH, CA	5	0:12:16	1 - 6 / 3
29. INGRID GELHAUS, ANTIOCH, CA	63	0:12:50	13 - 99 / 10
30. CAITLIN PATTON, ANTIOCH, CA	11	0:13:42	10 - 12 / 12
31. MICHELE HENKLE, ANTIOCH, CA	36	0:13:48	13 - 99 / 11
32. ASHLEY EVANS, ANTIOCH, CA	13	0:13:57	13 - 99 / 12
33. KC STRONG, ANTIOCH, CA	12	0:14:32	10 - 12 / 13
34. SAIDEE PURCELL, BRENTWOOD, CA	9	0:14:54	7 - 9 / 6
35. BARB PURCELL, BRENTWOOD, CA	45	0:14:54	13 - 99 / 13
36. JESSICA CAMPOS, ANTIOCH, CA	16	0:15:45	13 - 99 / 14
37. KATHLEEN CUYUGAN, ANTIOCH, CA	16	0:15:46	13 - 99 / 15
38. OLIVIA TURNER, ANTIOCH, CA	3	0:16:22	1 - 6 / 4
39. KATHERINE GRANT, ANTIOCH, CA	47	0:16:23	13 - 99 / 16
40. CYNTHIA EVANS, ANTIOCH, CA	42	0:17:20	13 - 99 / 17
41. CAHTERINE GLAZE, OAKLEY, CA		0:18:52	0 - 0 / 1



Participants visit vendor booths at the Health Fair

3 MILE RUN/WALK TOP FINISHERS

Top Men

	AGE	TIME
1. EMMANUEL RIN, ANTIOCH, CA	15	0:17:03
2. MATT CALLISTER, ANTIOCH, CA	21	0:17:06
3. MATHEW HUMPHREYS, ANTIOCH, CA	16	0:17:08
4. WALTER GORSKI, RICHMOND, CA	36	0:17:16
5. ADRIAN GALLO, ANTIOCH, CA	15	0:17:28

Top Women

	AGE	TIME
1. ASHLEY HODGES, ANTIOCH, CA	16	0:19:27
2. TIFFANY TAYLOR-DEUSEBIO, DANVILLE, CA	39	0:19:38
3. JACKLYNN KEMP, ANTIOCH, CA	17	0:20:56
4. IRENE FONG, ALAMEDA, CA	51	0:21:35
5. COURTNEY MADSON, VALLEJO, CA	12	0:21:35



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Cell. (925) 203-0849 E-mail: george@eastcountyins.com

3 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 1- 9	AGE	TIME	
1. MAX SHELLEY, PETALUMA, CA	9	0:27:24	O'All: 80
2. NICHOLAS KARNAZES, SAN FRANCISCO, CA	8	0:29:45	O'All: 91
3. MARK MOUCH, PLEASANTON, CA	4	0:30:16	O'All: 97
4. TIMOTHY CUMAGUN, ANTIOCH, CA	9	0:34:48	O'All: 105
5. NICOLAS PURCELL, BRENTWOOD, CA	8	0:54:15	O'All: 139
6. MATTHEW HALL, ANTIOCH, CA	7	1:01:46	O'All: 146

Division: Men - 10-12	AGE	TIME	
1. BRANDON BALESTRERI, EL SOBRANTE, CA	11	0:20:34	O'All: 31
2. KEVIN CHARMNESS, CONCORD, CA	12	0:20:38	O'All: 32
3. JUSTIN WALKER, OAKLEY, CA	12	0:20:39	O'All: 33
4. SPENCER DICKINSON, PETALUMA, CA	12	0:20:46	O'All: 35
5. NOAH PENA, BRENTWOOD, CA	11	0:21:12	O'All: 37
6. DEAN KNEPPER, ANTIOCH, CA	11	0:21:15	O'All: 38
7. KELLY STARNES, CONCORD, CA	12	0:21:49	O'All: 46
8. JAKE STROMBERG, LAFAYETTE, CA	12	0:22:52	O'All: 56
9. RYAN KRULL, CONCORD, CA	11	0:23:06	O'All: 57
10. CAMERON SPERRY, MARTINEZ, CA	11	0:24:23	O'All: 66
11. ANTHONY FELLMAN, EL SOBRANTE, CA	10	0:25:22	O'All: 70
12. ROBERT CLEMONS, LAFAYETTE, CA	12	0:28:20	O'All: 83
13. MAVERICK BRADFORD, ANTIOCH, CA	12	0:28:43	O'All: 86
14. COLE RINNER, ANTIOCH, CA	12	0:41:25	O'All: 114
15. JACQUE DOUGLAS, ANTIOCH, CA	12	0:41:36	O'All: 115
16. JEREMY ROTMAN, ANTIOCH, CA	10	0:41:37	O'All: 116
17. MICHAEL BROWN JR, ANTIOCH, CA	10	0:46:56	O'All: 124

Division: Men - 13-15	AGE	TIME	
1. EMMANUEL RIN, ANTIOCH, CA	15	0:17:03	O'All: 1
2. ADRIAN GALLO, ANTIOCH, CA	15	0:17:28	O'All: 5
3. SCOTT RICCABONA, ANTIOCH, CA	15	0:18:09	O'All: 14
4. JOSHUA RUEHLIG, ANTIOCH, CA	15	0:19:01	O'All: 18
5. NATE BAKER, ANTIOCH, CA	14	0:19:41	O'All: 22
6. SCOTT CROSSEN, ANTIOCH, CA	13	0:20:21	O'All: 26
7. AARON FORD, CONCORD, CA	14	0:20:31	O'All: 30
8. MICHAEL OFSTAD, ANTIOCH, CA	13	0:21:17	O'All: 39
9. ADAM COTTON, ANTIOCH, CA	15	0:21:28	O'All: 40
10. DILLON MANGAS, BRENTWOOD, CA	14	0:21:44	O'All: 43
11. MASON LIVINGSTON, ANTIOCH, CA	14	0:22:07	O'All: 50
12. JAMES CANNON, PITTSBURG, CA	14	0:22:11	O'All: 51
13. DYLAN GIBNEY, ANTIOCH, CA	15	0:24:50	O'All: 68
14. DEREK YIEN, SAN RAMON, CA	14	0:26:03	O'All: 74
15. MICHAEL LANDSKI, ANTIOCH, CA	13	0:26:12	O'All: 75
16. TANNER GIBNEY, ANTIOCH, CA	13	0:27:45	O'All: 82
17. JEREMY CLARK, ANTIOCH, CA	14	0:28:38	O'All: 85

3 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 13-15 (CONTINUED)	AGE	TIME	
18. MATTHEW SCHUSTER, ANTIOCH, CA	14	0:30:52	O'All: 99
19. KEELAN LIGONS, ANTIOCH, CA	13	0:34:22	O'All: 103
20. CHRIS DESSAUSOIS, ANTIOCH, CA	15	0:35:31	O'All: 107
21. LEANDER ALABANZA, ANTIOCH, CA	13	0:35:34	O'All: 109
22. HAYDEN RINNER, ANTIOCH, CA	15	0:39:02	O'All: 112
23. THOMAS SMITH, ANTIOCH, CA	15	0:47:53	O'All: 125
24. DAVID RUSSO, ANTIOCH, CA	14	0:53:15	O'All: 138
25. ADAM CROW, ANTIOCH, CA	15	1:03:15	O'All: 150

Division: Men - 16-18	AGE	TIME	
1. MATHEW HUMPHREYS, ANTIOCH, CA	16	0:17:08	O'All: 3
2. MATT LANDRUM, ANTIOCH, CA	16	0:17:32	O'All: 6
3. AJ TIO, ANTIOCH, CA	16	0:17:56	O'All: 9
4. KEVIN FLANAGAN, ANTIOCH, CA	16	0:18:12	O'All: 16
5. CORWIN YOUNG, OAKLEY, CA	16	0:19:11	O'All: 20
6. JOSEPH BROOKS, VALLEJO, CA	17	0:20:12	O'All: 25
7. BRIAN FLEMING, ANTIOCH, CA	16	0:21:48	O'All: 44
8. SYDNEY YIEN, SAN RAMON, CA	16	0:21:57	O'All: 48
9. DAVIN LAL, ANTIOCH, CA	16	0:22:41	O'All: 54
10. SCOTT GILMORE, MARTINEZ, CA	16	0:23:27	O'All: 59
11. LANE MEISENHEIMER, CONCORD, CA	16	0:35:32	O'All: 108
12. JASON CROW, OAKLEY, CA	17	1:03:15	O'All: 148

Division: Men - 19-24	AGE	TIME	
1. MATT CALLISTER, ANTIOCH, CA	21	0:17:06	O'All: 2
2. RUSSELL BURKHOLDER, ANTIOCH, CA	19	0:17:58	O'All: 11
3. MIKE GAUGHAN, ANTIOCH, CA	19	0:23:42	O'All: 61

Division: Men - 25-29	AGE	TIME	
1. PASTOR BEJINEZ, PLEASANT HILL, CA	25	0:17:53	O'All: 8
2. LOUIS BAUTISTA, AMERICAN CANYON, CA	25	0:33:31	O'All: 100

Division: Men - 30-34	AGE	TIME	
1. ERIK EDMARK, ANTIOCH, CA	30	0:20:23	O'All: 27
2. HEATHER FRENCH-JEFFREY, ANTIOCH, CA	30	0:36:53	O'All: 110

Division: Men - 35-39	AGE	TIME	
1. WALTER GORSKI, RICHMOND, CA	36	0:17:16	O'All: 4
2. SEAN MC CAULEY, BRENTWOOD, CA	35	0:18:59	O'All: 17
3. DAVID LUCZYNSKI, DANVILLE, CA	39	0:21:58	O'All: 49
4. GLEN MC CAULEY, BRENTWOOD, CA	37	0:27:07	O'All: 78
5. HITESH KAPUR, ANTIOCH, CA	37	0:28:54	O'All: 87
6. VICTOR GONZALES, VALLEJO, CA	38	0:30:14	O'All: 96
7. GERALD RUBIO, ANTIOCH, CA	37	0:34:20	O'All: 102

3 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 40-44	AGE	TIME	
1. MICHAEL KING, NEWARK, CA	41	0:17:58	O'All: 10
2. MICHAEL BALESTRERI, EL SOBRANTE, CA	42	0:20:10	O'All: 24
3. MICHAEL BURGESS, HERCULES, CA	42	0:21:33	O'All: 42
4. JAMES KELLY, ANTIOCH, CA	44	0:21:54	O'All: 47
5. LARS BLOMBERG, MARTINEZ, CA	41	0:22:43	O'All: 55
6. PAUL CANNON, PITTSBURG, CA	42	0:23:17	O'All: 58
7. SCOTT BARTLEBAUGH, ANTIOCH, CA	43	0:24:06	O'All: 63
8. TRYGVE HASJIM, PLEASANTON, CA	41	0:24:17	O'All: 65
9. OSCAR GONZALEZ, ANTIOCH, CA	41	0:24:42	O'All: 67
10. JEFF CLARK, ANTIOCH, CA	44	0:29:18	O'All: 88
11. DEAN KARNEZES, SAN FRANCISCO, CA	42	0:29:45	O'All: 92
12. PHILIP ARNDT, ANTIOCH, CA	42	0:29:54	O'All: 93
13. RICK ALFARO, ANTIOCH, CA	44	0:37:35	O'All: 111
14. AUTREY JAMES, ANTIOCH, CA	43	0:43:14	O'All: 117
15. ROGER HANCOCK, ANTIOCH, CA	42	0:45:23	O'All: 121
16. TED KLEIN III, SAN LEANDRO, CA	41	0:48:26	O'All: 127
17. JIM RINNER, ANTIOCH, CA	44	0:49:41	O'All: 130
18. JOE METCALF, OAKLEY, CA	41	0:50:08	O'All: 132
19. JACK HALL, ANTIOCH, CA	41	0:58:45	O'All: 143
20. CORY CROW, OAKLEY, CA	42	1:03:15	O'All: 149

Division: Men - 45-49	AGE	TIME	
1. PETER CAJTHAML, SAN MATEO, CA	48	0:18:00	O'All: 12
2. ROBERT DICKENSON, PETALUMA, CA	48	0:18:05	O'All: 13
3. CARL PALMUCCI, FREMONT, CA	46	0:19:21	O'All: 21
4. RICK GILMORE, PLEASANT HILL, CA	49	0:21:48	O'All: 45
5. WILLIAM FARLEY, ELK GROVE, CA	46	0:22:25	O'All: 52
6. RICK NAVARRETE, ANTIOCH, CA	49	0:22:27	O'All: 53
7. STEVE HARRIS, BRENTWOOD, CA	46	0:23:36	O'All: 60
8. MATT MAUSS, ANTIOCH, CA	49	0:23:54	O'All: 62
9. MARTIN SEMIEN, ANTIOCH, CA	47	0:25:31	O'All: 71
10. TIM WASSERMAN, ANTIOCH, CA	46	0:25:39	O'All: 72
11. JOSE RUBIO, PLEASANT HILL, CA	48	0:25:48	O'All: 73
12. DAVID MADEROS, BRENTWOOD, CA	46	0:28:28	O'All: 84
13. ALLEN JAMES, ANTIOCH, CA	46	0:30:16	O'All: 98
14. PAUL FIX, ANTIOCH, CA	45	0:34:32	O'All: 104
15. JOHN DRISCOLL, CASTRO VALLEY, CA	46	0:43:16	O'All: 118
16. CRAIG LEE, ANTIOCH, CA	46	0:44:33	O'All: 119
17. MATTHEW FLEMING, ANTIOCH, CA	48	0:49:01	O'All: 128
18. PAUL THOMPSON, ANTIOCH, CA	46	0:50:48	O'All: 133
19. DOUG ROTMAN, ANTIOCH, CA	45	0:53:12	O'All: 135
20. BRUCE DOUGLAS, ANTIOCH, CA	47	0:53:13	O'All: 136
21. MICHAEL PURCELL, BRENTWOOD, CA	47	0:54:20	O'All: 140

3 MILE RUN/WALK

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 50-59	AGE	TIME	
1. ROBERT QUALLS, RENO, NV	53	0:17:38	O'All: 7
2. MARK RAMIREZ, SAN RAMON, CA	50	0:18:10	O'All: 15
3. JIRI PUDA, OSTROV, CH	53	0:19:06	O'All: 19
4. WARREN WERGELES, BRENTWOOD, CA	51	0:20:28	O'All: 28
5. JIM CARMEN, DAVIS, CA	53	0:20:30	O'All: 29
6. TOM TORLAKSON, ANTIOCH, CA	56	0:20:56	O'All: 36
7. ALVIN CARPENTER, ALAMEDA, CA	52	0:21:30	O'All: 41
8. KAREL NUNNINK, ANTIOCH, CA	58	0:25:05	O'All: 69
9. CHRIS GAUGHAN, ANTIOCH, CA	50	0:26:22	O'All: 76
10. DAVID MADRIGAL, ANTIOCH, CA	55	0:26:38	O'All: 77
11. DOUGLAS BROWN, LARKSPUR, CA	55	0:27:16	O'All: 79
12. MICHAEL YOUNG, SAN LEANDRO, CA	50	0:27:40	O'All: 81
13. SEAMUS FLANAGAN, ANTIOCH, CA	55	0:35:17	O'All: 106
14. ROBERT EWEN, ANTIOCH, CA	50	0:46:03	O'All: 122
15. FRED CONFETTI, ANTIOCH, CA	59	0:48:22	O'All: 126
16. MIKE KLOSSNER, OAKLEY, CA	55	0:49:15	O'All: 129
17. DAN BILANOW, ANTIOCH, CA	51	0:50:00	O'All: 131
18. ALBERT RAINES, ANTIOCH, CA	57	0:52:35	O'All: 134
19. RON RUSSO, ANTIOCH, CA	58	0:53:15	O'All: 137
20. JAMES BURROR, ANTIOCH, CA	58	0:55:24	O'All: 141
21. KELLY STRONG, ANTIOCH, CA	52	1:00:22	O'All: 144
22. RICKY EHRlich, OAKLEY, CA	56	1:11:36	O'All: 151
23. LARRY PARTRIDGE, PITTSBURG, CA	56	1:14:02	O'All: 152

Division: Men - 60-69	AGE	TIME	
1. WOLF HILLESHEIM, EL SOBRANTE, CA	60	0:19:51	O'All: 23
2. PHIL MURPHY, OAKLEY, CA	62	0:20:44	O'All: 34
3. SALVADOR VALENCIA, PITTSBURG, CA	63	0:29:23	O'All: 89
4. SAL ROMO, ANTIOCH, CA	60	0:30:00	O'All: 94
5. JERRY WALL, PINOLE, CA	63	0:34:18	O'All: 101
6. KERMIT SVEEN, BRENTWOOD, CA	68	0:44:34	O'All: 120
7. DONALD LUIS, ANTIOCH, CA	62	0:46:48	O'All: 123
8. DON GUENTHER, RIO VISTA, CA	68	1:01:45	O'All: 145

Division: Men - 70-99	AGE	TIME	
1. SAM STEVENSON, VACAVILLE, CA	71	0:24:13	O'All: 64
2. DENNIS HASSLER, SAN RAFAEL, CA	72	0:29:27	O'All: 90
3. CURTIS TOM, ANTIOCH, CA	71	0:30:07	O'All: 95
4. JOHN O'LEARY, PITTSBURG, CA	71	0:40:19	O'All: 113
5. AL KIRKMAN, EL SOBRANTE, CA	72	0:56:57	O'All: 142
6. ROBERT HALL, ANTIOCH, CA	73	1:01:46	O'All: 147

3 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division:		AGE	TIME		
Women - 1- 9					
1.	JULIANA CACCIARONI, ANTIOCH, CA	8	0:28:53	O'All:	27
2.	MORGAN HANCOCK, ANTIOCH, CA	9	0:45:22	O'All:	77
3.	TAYLOR DORAN, ANTIOCH, CA	9	0:48:55	O'All:	94
4.	JAMIE SAMSON, BRENTWOOD, CA	4	1:04:29	O'All:	155

Division:		AGE	TIME		
Women - 10-12					
1.	COURTNEY MADSON, VALLEJO, CA	12	0:21:35	O'All:	5
2.	BRIGITTE HILLESHEIM, EL SOBRANTE, CA	11	0:22:54	O'All:	8
3.	DONNA BALDETTI, WALNUT CREEK, CA	10	0:28:34	O'All:	25
4.	CANDICE HODGES, ANTIOCH, CA	12	0:30:19	O'All:	30
5.	ALEXANDREA BROWN, BERKELEY, CA	11	0:37:02	O'All:	60
6.	KELSEY GAY, OAKLEY, CA	12	0:46:42	O'All:	81
7.	BRITTNEY PALSA, ANTIOCH, CA	11	0:46:51	O'All:	84
8.	SAMANTHA MARTIN, ANTIOCH, CA	11	0:48:05	O'All:	88
9.	JACKIE HAM, ANTIOCH, CA	11	0:48:57	O'All:	96
10.	MAGGIE ALLISON, ANTIOCH, CA	11	0:48:57	O'All:	97
11.	DANIELLE MANIFOLD, BRENTWOOD, CA	12	0:48:58	O'All:	98
12.	KAITLYN ROMO, ANTIOCH, CA	11	0:49:10	O'All:	101
13.	JENNIFER RYAN, ANTIOCH, CA	11	0:49:12	O'All:	102
14.	RAQUEL MEDEIROS, ANTIOCH, CA	11	0:49:42	O'All:	105
15.	KELSEY GRABIN, ANTIOCH, CA	11	0:49:59	O'All:	110
16.	MONICA IBARRA, ANTIOCH, CA	11	0:50:06	O'All:	112
17.	JACQUELINE HALL, ANTIOCH, CA	10	0:50:10	O'All:	114
18.	ALEXIS ROBERTS, ANTIOCH, CA	12	0:55:16	O'All:	137
19.	KC STRONG, ANTIOCH, CA	12	1:00:09	O'All:	144
20.	BROOKE SAMSON, BRENTWOOD, CA	10	1:04:16	O'All:	153

Division:		AGE	TIME		
Women - 13-15					
1.	FIONA JAMES, ANTIOCH, CA	13	0:22:47	O'All:	7
2.	ANJALI KUMARI, ANTIOCH, CA	14	0:25:06	O'All:	14
3.	PEGGY TIO, BRENTWOOD, CA	15	0:28:27	O'All:	23
4.	ROXANNE DUHAMEL, ANTIOCH, CA	15	0:28:28	O'All:	24
5.	COURTNEY MANGAS, BRENTWOOD, CA	14	0:29:10	O'All:	28
6.	JASMINE NORRIS, ANTIOCH, CA	13	0:30:30	O'All:	32
7.	CRYSTAL RUBIO, ANTIOCH, CA	13	0:37:52	O'All:	63
8.	JESSICA FLEMING, ANTIOCH, CA	14	0:46:43	O'All:	82
9.	DANAE METCALF, OAKLEY, CA	13	0:48:21	O'All:	91
10.	KIM CALISESI, OAKLEY, CA	14	0:49:09	O'All:	99
11.	JANELLE ROTMAN, ANTIOCH, CA	14	0:49:16	O'All:	103
12.	JULIANNE SLATE, ANTIOCH, CA	14	0:49:31	O'All:	104
13.	REBECCA DOUGLAS, ANTIOCH, CA	14	0:50:26	O'All:	115
14.	SARAH RYAN, OAKLEY, CA	15	0:50:26	O'All:	116
15.	ALYSSA PETERSON-VERCHE, STOCKTON, CA	15	0:51:38	O'All:	125
16.	KRISTINA FONG, ANTIOCH, CA	14	1:05:24	O'All:	157

3 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 16-18	AGE	TIME	
1. ASHLEY HODGES, ANTIOCH, CA	16	0:19:27	O'All: 1
2. JACKLYNN KEMP, ANTIOCH, CA	17	0:20:56	O'All: 3
3. KIMBERLEY COVEY, ANTIOCH, CA	16	0:23:39	O'All: 13
4. NIKKI ALFARO, ANTIOCH, CA	17	0:26:18	O'All: 19
5. LATAVIA VERCHER, STOCKTON, CA	16	0:51:37	O'All: 124
Division: Women - 19-24	AGE	TIME	
1. CAITLIN MADRIGAL, ANTIOCH, CA	19	0:23:34	O'All: 12
2. MELISSA MURR, FAIRFIELD, CA	24	0:31:22	O'All: 39
3. JACLYN ZIMMERMAN, ANTIOCH, CA	22	0:34:19	O'All: 53
Division: Women - 25-29	AGE	TIME	
1. MOLLY MC NAMARA, SAN JOSE, CA	28	0:28:36	O'All: 26
2. JENNIFER WHARTON, PITTSBURG, CA	28	0:31:09	O'All: 37
3. CARMAN NG, WALNUT CREEK, CA	25	0:34:14	O'All: 52
4. SARAH SPIRES, MARTINEZ, CA	25	0:35:37	O'All: 56
5. DAWN BROWN, BERKELEY, CA	29	0:37:03	O'All: 61
6. GRETA GALINDO, DIXON, CA	29	1:00:58	O'All: 146
Division: Women - 30-34	AGE	TIME	
1. MONICA HILLESHEIM, EL SOBRANTE, CA	30	0:30:57	O'All: 36
2. LAYNE KREY, ANTIOCH, CA	33	0:32:57	O'All: 46
3. IRENE SUROSO, SAN RAMON, CA	31	0:33:58	O'All: 51
4. MELANIE LIGONS, ANTIOCH, CA	33	0:34:38	O'All: 54
5. PAULA GONZALEZ, ANTIOCH, CA	34	0:37:30	O'All: 62
6. STACY COMP, NOVATO, CA	32	0:53:33	O'All: 133
Division: Women - 35-39	AGE	TIME	
1. TIFFANY TAYLOR-DEUSEBIO, DANVILLE, CA	39	0:19:38	O'All: 2
2. DINA COLEMAN, DANVILLE, CA	37	0:23:23	O'All: 10
3. MARIA LANDSKI, ANTIOCH, CA	36	0:26:14	O'All: 18
4. MISA LEAL, DANVILLE, CA	35	0:27:33	O'All: 21
5. SANDI BITTLE, ANTIOCH, CA	37	0:28:10	O'All: 22
6. STEPHANIE MANGAS, BRENTWOOD, CA	39	0:31:25	O'All: 40
7. JENNIFER MARINELLY, PIEDMONT, CA	38	0:32:13	O'All: 45
8. LAURA WIGGINS, ANTIOCH, CA	38	0:36:37	O'All: 58
9. NANCY DEVENGENZO, ANTIOCH, CA	37	0:39:06	O'All: 66
10. KIM ADAMS, PITTSBURG, CA	35	0:39:59	O'All: 69
11. SHELLY WERNER, MARTINEZ, CA	36	0:45:01	O'All: 76
12. SUSYN KLEIN, SAN LEANDRO, CA	36	0:48:27	O'All: 92
13. THERESA ROMO, ANTIOCH, CA	35	0:50:42	O'All: 121
14. CHRISTINE PALSA, ANTIOCH, CA	39	0:50:46	O'All: 122
15. LISA VERCHER, STOCKTON, CA	35	0:51:45	O'All: 126

3 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division:	Women - 35-39 (CONTINUED)	AGE	TIME	
	16. CHRISTINA SAMSON, BRENTWOOD, CA	37	1:04:16	O'All: 152
	17. JOANN CROW, OAKLEY, CA	38	1:05:23	O'All: 156

Division:	Women - 40-44	AGE	TIME	
	1. TAMARA MADSON, VALLEJO, CA	42	0:22:14	O'All: 6
	2. LESLIE ALLEN, ANTIOCH, CA	42	0:25:18	O'All: 15
	3. MAGGIE MORTIMER, NEWARK, CA	42	0:25:25	O'All: 16
	4. MARI JAMES, ANTIOCH, CA	41	0:30:35	O'All: 33
	5. HARRIET HILL, HERCULES, CA	40	0:30:37	O'All: 34
	6. ELIZABETH YIEN, SAN RAMON, CA	43	0:30:43	O'All: 35
	7. JOYCE STEPHENSON, ANTIOCH, CA	42	0:31:14	O'All: 38
	8. JEANNE MADEROS, BRENTWOOD, CA	42	0:31:45	O'All: 42
	9. CORINA SAM, BRENTWOOD, CA	43	0:33:18	O'All: 47
	10. BETH MEDINA, EL SOBRANTE, CA	41	0:33:45	O'All: 49
	11. ANGELINE TASTAD-YOUNG, OAKLEY, CA	40	0:33:46	O'All: 50
	12. DAWN CLARK, ANTIOCH, CA	43	0:38:04	O'All: 64
	13. VALERIE STAUFFER, CONCORD, CA	43	0:39:15	O'All: 67
	14. VALERIE JOHNSON, MARTINEZ, CA	44	0:46:25	O'All: 80
	15. DEANNE RUSSELL, ANTIOCH, CA	42	0:48:28	O'All: 93
	16. GIOVANNA FLEMING, ANTIOCH, CA	43	0:48:56	O'All: 95
	17. ANN MEDEIROS, ANTIOCH, CA	41	0:49:10	O'All: 100
	18. DENISE SIMPSON, ANTIOCH, CA	44	0:50:41	O'All: 120
	19. CAROLYN ROTMAN, ANTIOCH, CA	43	0:53:10	O'All: 130
	20. TAMMY ROBERTS, ANTIOCH, CA	44	0:55:16	O'All: 136
	21. MICHELE HALL, ANTIOCH, CA	40	0:58:45	O'All: 140
	22. DEB BLOMBERG, MARTINEZ, CA	41	1:03:05	O'All: 150
	23. MARIAM FONG, ANTIOCH, CA	40	1:15:28	O'All: 160

3 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 45-49	AGE	TIME		
1. LAURA ZUCKER, LAFAYETTE, CA	47	0:27:32	O'All:	20
2. AMY MOUCH, PLEASANTON, CA	45	0:30:18	O'All:	29
3. TEENA FITHIAM, BRENTWOOD, CA	45	0:31:28	O'All:	41
4. TRINA HODGES, ANTIOCH, CA	46	0:31:54	O'All:	44
5. LYNN RICCABONA, ANTIOCH, CA	47	0:44:02	O'All:	72
6. DIANN CACCIARONI, ANTIOCH, CA	47	0:45:49	O'All:	78
7. LOUISE EWEN, ANTIOCH, CA	48	0:46:54	O'All:	85
8. TRACY GRABIN, ANTIOCH, CA	45	0:49:50	O'All:	106
9. SUE HANSON, MARTINEZ, CA	49	0:49:59	O'All:	111
10. SALLY CALISESI, OAKLEY, CA	47	0:50:10	O'All:	113
11. BRENDA KELEHER, ANTIOCH, CA	46	0:50:47	O'All:	123
12. ANNA DOUGLAS, ANTIOCH, CA	46	0:53:12	O'All:	131
13. KAREN RUSSO, ANTIOCH, CA	46	0:53:14	O'All:	132
14. DAWN COTTON, ANTIOCH, CA	45	0:54:38	O'All:	135
15. CARRIE STAUFFER, CONCORD, CA	45	0:59:52	O'All:	142
16. CYNDI STAUFFER, CONCORD, CA	46	1:00:03	O'All:	143
17. EMILY SLATTEN, ANTIOCH, CA	49	1:01:28	O'All:	147

Division: Women - 50-59	AGE	TIME		
1. IRENE FONG, ALAMEDA, CA	51	0:21:35	O'All:	4
2. LINDA BELTON, ROSEVILLE, CA	51	0:23:18	O'All:	9
3. MONIKA MC COOL, PIEDMONT, CA	59	0:23:25	O'All:	11
4. LIZ HILLESHEIM, EL SOBRANTE, CA	50	0:25:43	O'All:	17
5. KATHY LUIS, ANTIOCH, CA	57	0:30:19	O'All:	31
6. KITTY LENHART, MORAGA, CA	58	0:33:20	O'All:	48
7. LAURIE GARROW, ANTIOCH, CA	53	0:34:44	O'All:	55
8. SANDY O'LEARY, ANTIOCH, CA	59	0:36:21	O'All:	57
9. PEGGY ROBERTS, ANTIOCH, CA	56	0:36:54	O'All:	59
10. LOIS BLITTMAN, ANTIOCH, CA	54	0:38:35	O'All:	65
11. ANNE CAIN, LAFAYETTE, CA	55	0:40:49	O'All:	71
12. DIANE DAVIS, CONCORD, CA	55	0:45:01	O'All:	75
13. CONNIE LEWIS, ANTIOCH, CA	58	0:46:49	O'All:	83
14. CHRIS HARRINGTON, ANTIOCH, CA	51	0:47:26	O'All:	87
15. KATHY ROMEO, ANTIOCH, CA	58	0:48:20	O'All:	90
16. PENNIE DAVIS, ANTIOCH, CA	53	0:49:53	O'All:	108
17. TRICIA CAMPBELL, ANTIOCH, CA	50	0:50:31	O'All:	118
18. SANDY CONFETTI, ANTIOCH, CA	56	0:52:27	O'All:	128
19. LINDA TROWSDALE, ANTIOCH, CA	57	0:52:27	O'All:	129
20. SUSANA WILLIAMS, ANTIOCH, CA	50	0:54:36	O'All:	134
21. CHARLOTTE BURROR, ANTIOCH, CA	56	0:55:24	O'All:	138
22. KARNELIA STRONG, ANTIOCH, CA	50	1:00:22	O'All:	145
23. SHARON BESWICK, ANTIOCH, CA	57	1:01:28	O'All:	148
24. SUE MADRIGAL, ANTIOCH, CA	52	1:03:00	O'All:	149
25. GWENN EHRSLICKI, OAKLEY, CA	55	1:11:35	O'All:	158

3 MILE RUN/WALK

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 60-69	AGE	TIME		
1. ERIKA LEGER, SUNNYVALE, CA	63	0:31:46	O'All:	43
2. CECILIA O'LEARY, PITTSBURG, CA	69	0:40:15	O'All:	70
3. HANNA SVEEN, BRENTWOOD, CA	69	0:44:33	O'All:	74
4. PATRICIA HARRIS, MARTINEZ, CA	63	0:46:05	O'All:	79
5. PATRICIA BROWN, ANTIOCH, CA	67	0:47:09	O'All:	86
6. SHARON KORBER, BRENWOOD, CA	61	0:49:56	O'All:	109
7. JEANNIE RHODES, ANTIOCH, CA	60	0:50:30	O'All:	117
8. LEE EDMARK, ANTIOCH, CA	60	0:52:20	O'All:	127
9. ALMA MAREK, ANTIOCH, CA	68	0:57:44	O'All:	139
10. SANDY STAUFFER, CONCORD, CA	67	0:59:27	O'All:	141
11. ELOISE MAYNARD, ANTIOCH, CA	61	1:04:25	O'All:	154

Division: Women - 70-99	AGE	TIME		
1. DEE FARKAS, LAFAYETTE, CA	78	0:39:27	O'All:	68
2. ROSEMARY BREDAHL, LAFAYETTE, CA	70	0:44:07	O'All:	73
3. ROSE HALL, ANTIOCH, CA	74	0:48:14	O'All:	89
4. JOANNE BILBO, ANTIOCH, CA	75	0:49:51	O'All:	107
5. MYRNA STEPHENSON, HAYWARD, CA	71	0:50:32	O'All:	119
6. ELIZABETH HALL, ANTIOCH, CA	70	1:03:06	O'All:	151



3 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. EMMANUEL RIN, ANTIOCH, CA	15	0:17:03	13 - 15 / 1
2. MATT CALLISTER, ANTIOCH, CA	21	0:17:06	19 - 24 / 1
3. MATHEW HUMPHREYS, ANTIOCH, CA	16	0:17:08	16 - 18 / 1
4. WALTER GORSKI, RICHMOND, CA	36	0:17:16	35 - 39 / 1
5. ADRIAN GALLO, ANTIOCH, CA	15	0:17:28	13 - 15 / 2
6. MATT LANDRUM, ANTIOCH, CA	16	0:17:32	16 - 18 / 2
7. ROBERT QUALLS, RENO, NV	53	0:17:38	50 - 59 / 1
8. PASTOR BEJINEZ, PLEASANT HILL, CA	25	0:17:53	25 - 29 / 1
9. AJ TIO, ANTIOCH, CA	16	0:17:56	16 - 18 / 3
10. MICHAEL KING, NEWARK, CA	41	0:17:58	40 - 44 / 1
11. RUSSELL BURKHOLDER, ANTIOCH, CA	19	0:17:58	19 - 24 / 2
12. PETER CAJTHAML, SAN MATEO, CA	48	0:18:00	45 - 49 / 1
13. ROBERT DICKENSON, PETALUMA, CA	48	0:18:05	45 - 49 / 2
14. SCOTT RICCABONA, ANTIOCH, CA	15	0:18:09	13 - 15 / 3
15. MARK RAMIREZ, SAN RAMON, CA	50	0:18:10	50 - 59 / 2
16. KEVIN FLANAGAN, ANTIOCH, CA	16	0:18:12	16 - 18 / 4
17. SEAN MC CAULEY, BRENTWOOD, CA	35	0:18:59	35 - 39 / 2
18. JOSHUA RUEHLIG, ANTIOCH, CA	15	0:19:01	13 - 15 / 4
19. JIRI PUDA, OSTROV, CH	53	0:19:06	50 - 59 / 3
20. CORWIN YOUNG, OAKLEY, CA	16	0:19:11	16 - 18 / 5
21. CARL PALMUCCI, FREMONT, CA	46	0:19:21	45 - 49 / 3
22. NATE BAKER, ANTIOCH, CA	14	0:19:41	13 - 15 / 5
23. WOLF HILLESHEIM, EL SOBRANTE, CA	60	0:19:51	60 - 69 / 1
24. MICHAEL BALESTRERI, EL SOBRANTE, CA	42	0:20:10	40 - 44 / 2
25. JOSEPH BROOKS, VALLEJO, CA	17	0:20:12	16 - 18 / 6
26. SCOTT CROSSEN, ANTIOCH, CA	13	0:20:21	13 - 15 / 6
27. ERIK EDMARK, ANTIOCH, CA	30	0:20:23	30 - 34 / 1
28. WARREN WERGELES, BRENTWOOD, CA	51	0:20:28	50 - 59 / 4
29. JIM CARMEN, DAVIS, CA	53	0:20:30	50 - 59 / 5
30. AARON FORD, CONCORD, CA	14	0:20:31	13 - 15 / 7
31. BRANDON BALESTRERI, EL SOBRANTE, CA	11	0:20:34	10 - 12 / 1
32. KEVIN CHARMNESS, CONCORD, CA	12	0:20:38	10 - 12 / 2
33. JUSTIN WALKER, OAKLEY, CA	12	0:20:39	10 - 12 / 3
34. PHIL MURPHY, OAKLEY, CA	62	0:20:44	60 - 69 / 2
35. SPENCER DICKINSON, PETALUMA, CA	12	0:20:46	10 - 12 / 4
36. TOM TORLAKSON, ANTIOCH, CA	56	0:20:56	50 - 59 / 6
37. NOAH PENA, BRENTWOOD, CA	11	0:21:12	10 - 12 / 5
38. DEAN KNEPPER, ANTIOCH, CA	11	0:21:15	10 - 12 / 6
39. MICHAEL OFSTAD, ANTIOCH, CA	13	0:21:17	13 - 15 / 8
40. ADAM COTTON, ANTIOCH, CA	15	0:21:28	13 - 15 / 9
41. ALVIN CARPENTER, ALAMEDA, CA	52	0:21:30	50 - 59 / 7
42. MICHAEL BURGESS, HERCULES, CA	42	0:21:33	40 - 44 / 3
43. DILLON MANGAS, BRENTWOOD, CA	14	0:21:44	13 - 15 / 10
44. BRIAN FLEMING, ANTIOCH, CA	16	0:21:48	16 - 18 / 7

3 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
45. RICK GILMORE, PLEASANT HILL, CA	49	0:21:48	45 - 49 / 4
46. KELLY STARNES, CONCORD, CA	12	0:21:49	10 - 12 / 7
47. JAMES KELLY, ANTIOCH, CA	44	0:21:54	40 - 44 / 4
48. SYDNEY YIEN, SAN RAMON, CA	16	0:21:57	16 - 18 / 8
49. DAVID LUCZYNSKI, DANVILLE, CA	39	0:21:58	35 - 39 / 3
50. MASON LIVINGSTON, ANTIOCH, CA	14	0:22:07	13 - 15 / 11
51. JAMES CANNON, PITTSBURG, CA	14	0:22:11	13 - 15 / 12
52. WILLIAM FARLEY, ELK GROVE, CA	46	0:22:25	45 - 49 / 5
53. RICK NAVARRETE, ANTIOCH, CA	49	0:22:27	45 - 49 / 6
54. DAVIN LAL, ANTIOCH, CA	16	0:22:41	16 - 18 / 9
55. LARS BLOMBERG, MARTINEZ, CA	41	0:22:43	40 - 44 / 5
56. JAKE STROMBERG, LAFAYETTE, CA	12	0:22:52	10 - 12 / 8
57. RYAN KRULL, CONCORD, CA	11	0:23:06	10 - 12 / 9
58. PAUL CANNON, PITTSBURG, CA	42	0:23:17	40 - 44 / 6
59. SCOTT GILMORE, MARTINEZ, CA	16	0:23:27	16 - 18 / 10
60. STEVE HARRIS, BRENTWOOD, CA	46	0:23:36	45 - 49 / 7
61. MIKE GAUGHAN, ANTIOCH, CA	19	0:23:42	19 - 24 / 3
62. MATT MAUSS, ANTIOCH, CA	49	0:23:54	45 - 49 / 8
63. SCOTT BARTLEBAUGH, ANTIOCH, CA	43	0:24:06	40 - 44 / 7
64. SAM STEVENSON, VACAVILLE, CA	71	0:24:13	70 - 99 / 1
65. TRYGVE HASJIM, PLEASANTON, CA	41	0:24:17	40 - 44 / 8
66. CAMERON SPERRY, MARTINEZ, CA	11	0:24:23	10 - 12 / 10
67. OSCAR GONZALEZ, ANTIOCH, CA	41	0:24:42	40 - 44 / 9
68. DYLAN GIBNEY, ANTIOCH, CA	15	0:24:50	13 - 15 / 13
69. KAREL NUNNINK, ANTIOCH, CA	58	0:25:05	50 - 59 / 8
70. ANTHONY FELLMAN, EL SOBRANTE, CA	10	0:25:22	10 - 12 / 11
71. MARTIN SEMIEN, ANTIOCH, CA	47	0:25:31	45 - 49 / 9
72. TIM WASSERMAN, ANTIOCH, CA	46	0:25:39	45 - 49 / 10
73. JOSE RUBIO, PLEASANT HILL, CA	48	0:25:48	45 - 49 / 11
74. DEREK YIEN, SAN RAMON, CA	14	0:26:03	13 - 15 / 14
75. MICHAEL LANDSKI, ANTIOCH, CA	13	0:26:12	13 - 15 / 15
76. CHRIS GAUGHAN, ANTIOCH, CA	50	0:26:22	50 - 59 / 9
77. DAVID MADRIGAL, ANTIOCH, CA	55	0:26:38	50 - 59 / 10
78. GLEN MC CAULEY, BRENTWOOD, CA	37	0:27:07	35 - 39 / 4
79. DOUGLAS BROWN, LARKSPUR, CA	55	0:27:16	50 - 59 / 11
80. MAX SHELLEY, PETALUMA, CA	9	0:27:24	1 - 9 / 1
81. MICHAEL YOUNG, SAN LEANDRO, CA	50	0:27:40	50 - 59 / 12
82. TANNER GIBNEY, ANTIOCH, CA	13	0:27:45	13 - 15 / 16
83. ROBERT CLEMONS, LAFAYETTE, CA	12	0:28:20	10 - 12 / 12
84. DAVID MADEROS, BRENTWOOD, CA	46	0:28:28	45 - 49 / 12
85. JEREMY CLARK, ANTIOCH, CA	14	0:28:38	13 - 15 / 17
86. MAVERICK BRADFORD, ANTIOCH, CA	12	0:28:43	10 - 12 / 13
87. HITESH KAPUR, ANTIOCH, CA	37	0:28:54	35 - 39 / 5
88. JEFF CLARK, ANTIOCH, CA	44	0:29:18	40 - 44 / 10

3 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
89. SALVADOR VALENCIA, PITTSBURG, CA	63	0:29:23	60 - 69 / 3
90. DENNIS HASSLER, SAN RAFAEL, CA	72	0:29:27	70 - 99 / 2
91. NICHOLAS KARNAZES, SAN FRANCISCO, CA	8	0:29:45	1 - 9 / 2
92. DEAN KARNEZES, SAN FRANCISCO, CA	42	0:29:45	40 - 44 / 11
93. PHILIP ARNDT, ANTIOCH, CA	42	0:29:54	40 - 44 / 12
94. SAL ROMO, ANTIOCH, CA	60	0:30:00	60 - 69 / 4
95. CURTIS TOM, ANTIOCH, CA	71	0:30:07	70 - 99 / 3
96. VICTOR GONZALES, VALLEJO, CA	38	0:30:14	35 - 39 / 6
97. MARK MOUCH, PLEASANTON, CA	4	0:30:16	1 - 9 / 3
98. ALLEN JAMES, ANTIOCH, CA	46	0:30:16	45 - 49 / 13
99. MATTHEW SCHUSTER, ANTIOCH, CA	14	0:30:52	13 - 15 / 18
100. LOUIS BAUTISTA, AMERICAN CANYON, CA	25	0:33:31	25 - 29 / 2
101. JERRY WALL, PINOLE, CA	63	0:34:18	60 - 69 / 5
102. GERALD RUBIO, ANTIOCH, CA	37	0:34:20	35 - 39 / 7
103. KEELAN LIGONS, ANTIOCH, CA	13	0:34:22	13 - 15 / 19
104. PAUL FIX, ANTIOCH, CA	45	0:34:32	45 - 49 / 14
105. TIMOTHY CUMAGUN, ANTIOCH, CA	9	0:34:48	1 - 9 / 4
106. SEAMUS FLANAGAN, ANTIOCH, CA	55	0:35:17	50 - 59 / 13
107. CHRIS DESSAUSSOIS, ANTIOCH, CA	15	0:35:31	13 - 15 / 20
108. LANE MEISENHEIMER, CONCORD, CA	16	0:35:32	16 - 18 / 11
109. LEANDER ALABANZA, ANTIOCH, CA	13	0:35:34	13 - 15 / 21
110. HEATHER FRENCH-JEFFREY, ANTIOCH, CA	30	0:36:53	30 - 34 / 2
111. RICK ALFARO, ANTIOCH, CA	44	0:37:35	40 - 44 / 13
112. HAYDEN RINNER, ANTIOCH, CA	15	0:39:02	13 - 15 / 22
113. JOHN O'LEARY, PITTSBURG, CA	71	0:40:19	70 - 99 / 4
114. COLE RINNER, ANTIOCH, CA	12	0:41:25	10 - 12 / 14
115. JACQUE DOUGLAS, ANTIOCH, CA	12	0:41:36	10 - 12 / 15
116. JEREMY ROTMAN, ANTIOCH, CA	10	0:41:37	10 - 12 / 16
117. AUTREY JAMES, ANTIOCH, CA	43	0:43:14	40 - 44 / 14
118. JOHN DRISCOLL, CASTRO VALLEY, CA	46	0:43:16	45 - 49 / 15
119. CRAIG LEE, ANTIOCH, CA	46	0:44:33	45 - 49 / 16
120. KERMIT SVEEN, BRENTWOOD, CA	68	0:44:34	60 - 69 / 6
121. ROGER HANCOCK, ANTIOCH, CA	42	0:45:23	40 - 44 / 15
122. ROBERT EWEN, ANTIOCH, CA	50	0:46:03	50 - 59 / 14
123. DONALD LUIS, ANTIOCH, CA	62	0:46:48	60 - 69 / 7
124. MICHAEL BROWN JR, ANTIOCH, CA	10	0:46:56	10 - 12 / 17
125. THOMAS SMITH, ANTIOCH, CA	15	0:47:53	13 - 15 / 23
126. FRED CONFETTI, ANTIOCH, CA	59	0:48:22	50 - 59 / 15
127. TED KLEIN III, SAN LEANDRO, CA	41	0:48:26	40 - 44 / 16
128. MATTHEW FLEMING, ANTIOCH, CA	48	0:49:01	45 - 49 / 17
129. MIKE KLOSSNER, OAKLEY, CA	55	0:49:15	50 - 59 / 16
130. JIM RINNER, ANTIOCH, CA	44	0:49:41	40 - 44 / 17
131. DAN BILANOW, ANTIOCH, CA	51	0:50:00	50 - 59 / 17
132. JOE METCALF, OAKLEY, CA	41	0:50:08	40 - 44 / 18

3 MILE RUN/WALK

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
133. PAUL THOMPSON, ANTIOCH, CA	46	0:50:48	45 - 49 / 18
134. ALBERT RAINES, ANTIOCH, CA	57	0:52:35	50 - 59 / 18
135. DOUG ROTMAN, ANTIOCH, CA	45	0:53:12	45 - 49 / 19
136. BRUCE DOUGLAS, ANTIOCH, CA	47	0:53:13	45 - 49 / 20
137. RON RUSSO, ANTIOCH, CA	58	0:53:15	50 - 59 / 19
138. DAVID RUSSO, ANTIOCH, CA	14	0:53:15	13 - 15 / 24
139. NICOLAS PURCELL, BRENTWOOD, CA	8	0:54:15	1 - 9 / 5
140. MICHAEL PURCELL, BRENTWOOD, CA	47	0:54:20	45 - 49 / 21
141. JAMES BURROR, ANTIOCH, CA	58	0:55:24	50 - 59 / 20
142. AL KIRKMAN, EL SOBRANTE, CA	72	0:56:57	70 - 99 / 5
143. JACK HALL, ANTIOCH, CA	41	0:58:45	40 - 44 / 19
144. KELLY STRONG, ANTIOCH, CA	52	1:00:22	50 - 59 / 21
145. DON GUENTHER, RIO VISTA, CA	68	1:01:45	60 - 69 / 8
146. MATTHEW HALL, ANTIOCH, CA	7	1:01:46	1 - 9 / 6
147. ROBERT HALL, ANTIOCH, CA	73	1:01:46	70 - 99 / 6
148. JASON CROW, OAKLEY, CA	17	1:03:15	16 - 18 / 12
149. CORY CROW, OAKLEY, CA	42	1:03:15	40 - 44 / 20
150. ADAM CROW, ANTIOCH, CA	15	1:03:15	13 - 15 / 25
151. RICKY EHRlich, OAKLEY, CA	56	1:11:36	50 - 59 / 22
152. LARRY PARTRIDGE, PITTSBURG, CA	56	1:14:02	50 - 59 / 23



3 MILE RUN/WALK

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. ASHLEY HODGES, ANTIOCH, CA	16	0:19:27	16 - 18 / 1
2. TIFFANY TAYLOR-DEUSEBIO, DANVILLE, CA	39	0:19:38	35 - 39 / 1
3. JACKLYNN KEMP, ANTIOCH, CA	17	0:20:56	16 - 18 / 2
4. IRENE FONG, ALAMEDA, CA	51	0:21:35	50 - 59 / 1
5. COURTNEY MADSON, VALLEJO, CA	12	0:21:35	10 - 12 / 1
6. TAMARA MADSON, VALLEJO, CA	42	0:22:14	40 - 44 / 1
7. FIONA JAMES, ANTIOCH, CA	13	0:22:47	13 - 15 / 1
8. BRIGITTE HILLESHEIM, EL SOBRANTE, CA	11	0:22:54	10 - 12 / 2
9. LINDA BELTON, ROSEVILLE, CA	51	0:23:18	50 - 59 / 2
10. DINA COLEMAN, DANVILLE, CA	37	0:23:23	35 - 39 / 2
11. MONIKA MC COOL, PIEDMONT, CA	59	0:23:25	50 - 59 / 3
12. CAITLIN MADRIGAL, ANTIOCH, CA	19	0:23:34	19 - 24 / 1
13. KIMBERLEY COVEY, ANTIOCH, CA	16	0:23:39	16 - 18 / 3
14. ANJALI KUMARI, ANTIOCH, CA	14	0:25:06	13 - 15 / 2
15. LESLIE ALLEN, ANTIOCH, CA	42	0:25:18	40 - 44 / 2
16. MAGGIE MORTIMER, NEWARK, CA	42	0:25:25	40 - 44 / 3
17. LIZ HILLESHEIM, EL SOBRANTE, CA	50	0:25:43	50 - 59 / 4
18. MARIA LANDSKI, ANTIOCH, CA	36	0:26:14	35 - 39 / 3
19. NIKKI ALFARO, ANTIOCH, CA	17	0:26:18	16 - 18 / 4
20. LAURA ZUCKER, LAFAYETTE, CA	47	0:27:32	45 - 49 / 1
21. MISA LEAL, DANVILLE, CA	35	0:27:33	35 - 39 / 4
22. SANDI BITTLE, ANTIOCH, CA	37	0:28:10	35 - 39 / 5
23. PEGGY TIO, BRENTWOOD, CA	15	0:28:27	13 - 15 / 3
24. ROXANNE DUHAMEL, ANTIOCH, CA	15	0:28:28	13 - 15 / 4
25. DONNA BALDETTI, WALNUT CREEK, CA	10	0:28:34	10 - 12 / 3
26. MOLLY MC NAMARA, SAN JOSE, CA	28	0:28:36	25 - 29 / 1
27. JULIANA CACCIARONI, ANTIOCH, CA	8	0:28:53	1 - 9 / 1
28. COURTNEY MANGAS, BRENTWOOD, CA	14	0:29:10	13 - 15 / 5
29. AMY MOUCH, PLEASANTON, CA	45	0:30:18	45 - 49 / 2
30. CANDICE HODGES, ANTIOCH, CA	12	0:30:19	10 - 12 / 4
31. KATHY LUIS, ANTIOCH, CA	57	0:30:19	50 - 59 / 5
32. JASMINE NORRIS, ANTIOCH, CA	13	0:30:30	13 - 15 / 6
33. MARI JAMES, ANTIOCH, CA	41	0:30:35	40 - 44 / 4
34. HARRIET HILL, HERCULES, CA	40	0:30:37	40 - 44 / 5
35. ELIZABETH YIEN, SAN RAMON, CA	43	0:30:43	40 - 44 / 6
36. MONICA HILLESHEIM, EL SOBRANTE, CA	30	0:30:57	30 - 34 / 1
37. JENNIFER WHARTON, PITTSBURG, CA	28	0:31:09	25 - 29 / 2
38. JOYCE STEPHENSON, ANTIOCH, CA	42	0:31:14	40 - 44 / 7
39. MELISSA MURR, FAIRFIELD, CA	24	0:31:22	19 - 24 / 2
40. STEPHANIE MANGAS, BRENTWOOD, CA	39	0:31:25	35 - 39 / 6
41. TEENA FITHIAM, BRENTWOOD, CA	45	0:31:28	45 - 49 / 3
42. JEANNE MADEROS, BRENTWOOD, CA	42	0:31:45	40 - 44 / 8
43. ERIKA LEGER, SUNNYVALE, CA	63	0:31:46	60 - 69 / 1
44. TRINA HODGES, ANTIOCH, CA	46	0:31:54	45 - 49 / 4

3 MILE RUN/WALK

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
45. JENNIFER MARINELLY, PIEDMONT, CA	38	0:32:13	35 - 39 / 7
46. LAYNE KREY, ANTIOCH, CA	33	0:32:57	30 - 34 / 2
47. CORINA SAM, BRENTWOOD, CA	43	0:33:18	40 - 44 / 9
48. KITTY LENHART, MORAGA, CA	58	0:33:20	50 - 59 / 6
49. BETH MEDINA, EL SOBRANTE, CA	41	0:33:45	40 - 44 / 10
50. ANGELINE TASTAD-YOUNG, OAKLEY, CA	40	0:33:46	40 - 44 / 11
51. IRENE SUROSO, SAN RAMON, CA	31	0:33:58	30 - 34 / 3
52. CARMAN NG, WALNUT CREEK, CA	25	0:34:14	25 - 29 / 3
53. JACLYN ZIMMERMAN, ANTIOCH, CA	22	0:34:19	19 - 24 / 3
54. MELANIE LIGONS, ANTIOCH, CA	33	0:34:38	30 - 34 / 4
55. LAURIE GARROW, ANTIOCH, CA	53	0:34:44	50 - 59 / 7
56. SARAH SPIRES, MARTINEZ, CA	25	0:35:37	25 - 29 / 4
57. SANDY O'LEARY, ANTIOCH, CA	59	0:36:21	50 - 59 / 8
58. LAURA WIGGINS, ANTIOCH, CA	38	0:36:37	35 - 39 / 8
59. PEGGY ROBERTS, ANTIOCH, CA	56	0:36:54	50 - 59 / 9
60. ALEXANDREA BROWN, BERKELEY, CA	11	0:37:02	10 - 12 / 5
61. DAWN BROWN, BERKELEY, CA	29	0:37:03	25 - 29 / 5
62. PAULA GONZALEZ, ANTIOCH, CA	34	0:37:30	30 - 34 / 5
63. CRYSTAL RUBIO, ANTIOCH, CA	13	0:37:52	13 - 15 / 7
64. DAWN CLARK, ANTIOCH, CA	43	0:38:04	40 - 44 / 12
65. LOIS BLITTMAN, ANTIOCH, CA	54	0:38:35	50 - 59 / 10
66. NANCY DEVENGENZO, ANTIOCH, CA	37	0:39:06	35 - 39 / 9
67. VALERIE STAUFFER, CONCORD, CA	43	0:39:15	40 - 44 / 13
68. DEE FARKAS, LAFAYETTE, CA	78	0:39:27	70 - 99 / 1
69. KIM ADAMS, PITTSBURG, CA	35	0:39:59	35 - 39 / 10
70. CECILIA O'LEARY, PITTSBURG, CA	69	0:40:15	60 - 69 / 2
71. ANNE CAIN, LAFAYETTE, CA	55	0:40:49	50 - 59 / 11
72. LYNN RICCABONA, ANTIOCH, CA	47	0:44:02	45 - 49 / 5
73. ROSEMARY BRED AHL, LAFAYETTE, CA	70	0:44:07	70 - 99 / 2
74. HANNA SVEEN, BRENTWOOD, CA	69	0:44:33	60 - 69 / 3
75. DIANE DAVIS, CONCORD, CA	55	0:45:01	50 - 59 / 12
76. SHELLY WERNER, MARTINEZ, CA	36	0:45:01	35 - 39 / 11
77. MORGAN HANCOCK, ANTIOCH, CA	9	0:45:22	1 - 9 / 2
78. DIANN CACCIARONI, ANTIOCH, CA	47	0:45:49	45 - 49 / 6
79. PATRICIA HARRIS, MARTINEZ, CA	63	0:46:05	60 - 69 / 4
80. VALERIE JOHNSON, MARTINEZ, CA	44	0:46:25	40 - 44 / 14
81. KELSEY GAY, OAKLEY, CA	12	0:46:42	10 - 12 / 6
82. JESSICA FLEMING, ANTIOCH, CA	14	0:46:43	13 - 15 / 8
83. CONNIE LEWIS, ANTIOCH, CA	58	0:46:49	50 - 59 / 13
84. BRITTNEY PALSA, ANTIOCH, CA	11	0:46:51	10 - 12 / 7
85. LOUISE EWEN, ANTIOCH, CA	48	0:46:54	45 - 49 / 7
86. PATRICIA BROWN, ANTIOCH, CA	67	0:47:09	60 - 69 / 5
87. CHRIS HARRINGTON, ANTIOCH, CA	51	0:47:26	50 - 59 / 14
88. SAMANTHA MARTIN, ANTIOCH, CA	11	0:48:05	10 - 12 / 8

3 MILE RUN/WALK

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
89. ROSE HALL, ANTIOCH, CA	74	0:48:14	70 - 99 / 3
90. KATHY ROMEO, ANTIOCH, CA	58	0:48:20	50 - 59 / 15
91. DANAE METCALF, OAKLEY, CA	13	0:48:21	13 - 15 / 9
92. SUSYN KLEIN, SAN LEANDRO, CA	36	0:48:27	35 - 39 / 12
93. DEANNE RUSSELL, ANTIOCH, CA	42	0:48:28	40 - 44 / 15
94. TAYLOR DORAN, ANTIOCH, CA	9	0:48:55	1 - 9 / 3
95. GIOVANNA FLEMING, ANTIOCH, CA	43	0:48:56	40 - 44 / 16
96. JACKIE HAM, ANTIOCH, CA	11	0:48:57	10 - 12 / 9
97. MAGGIE ALLISON, ANTIOCH, CA	11	0:48:57	10 - 12 / 10
98. DANIELLE MANIFOLD, BRENTWOOD, CA	12	0:48:58	10 - 12 / 11
99. KIM CALISESI, OAKLEY, CA	14	0:49:09	13 - 15 / 10
100. ANN MEDEIROS, ANTIOCH, CA	41	0:49:10	40 - 44 / 17
101. KAITLYN ROMO, ANTIOCH, CA	11	0:49:10	10 - 12 / 12
102. JENNIFER RYAN, ANTIOCH, CA	11	0:49:12	10 - 12 / 13
103. JANELLE ROTMAN, ANTIOCH, CA	14	0:49:16	13 - 15 / 11
104. JULIANNE SLATE, ANTIOCH, CA	14	0:49:31	13 - 15 / 12
105. RAQUEL MEDEIROS, ANTIOCH, CA	11	0:49:42	10 - 12 / 14
106. TRACY GRABIN, ANTIOCH, CA	45	0:49:50	45 - 49 / 8
107. JOANNE BILBO, ANTIOCH, CA	75	0:49:51	70 - 99 / 4
108. PENNIE DAVIS, ANTIOCH, CA	53	0:49:53	50 - 59 / 16
109. SHARON KORBER, BRENTWOOD, CA	61	0:49:56	60 - 69 / 6
110. KELSEY GRABIN, ANTIOCH, CA	11	0:49:59	10 - 12 / 15
111. SUE HANSON, MARTINEZ, CA	49	0:49:59	45 - 49 / 9
112. MONICA IBARRA, ANTIOCH, CA	11	0:50:06	10 - 12 / 16
113. SALLY CALISESI, OAKLEY, CA	47	0:50:10	45 - 49 / 10
114. JACQUELINE HALL, ANTIOCH, CA	10	0:50:10	10 - 12 / 17
115. REBECCA DOUGLAS, ANTIOCH, CA	14	0:50:26	13 - 15 / 13
116. SARAH RYAN, OAKLEY, CA	15	0:50:26	13 - 15 / 14
117. JEANNIE RHODES, ANTIOCH, CA	60	0:50:30	60 - 69 / 7
118. TRICIA CAMPBELL, ANTIOCH, CA	50	0:50:31	50 - 59 / 17
119. MYRNA STEPHENSON, HAYWARD, CA	71	0:50:32	70 - 99 / 5
120. DENISE SIMPSON, ANTIOCH, CA	44	0:50:41	40 - 44 / 18
121. THERESA ROMO, ANTIOCH, CA	35	0:50:42	35 - 39 / 13
122. CHRISTINE PALSA, ANTIOCH, CA	39	0:50:46	35 - 39 / 14
123. BRENDA KELEHER, ANTIOCH, CA	46	0:50:47	45 - 49 / 11
124. LATAVIA VERCHER, STOCKTON, CA	16	0:51:37	16 - 18 / 5
125. ALYSSA PETERSON-VERCHE, STOCKTON, CA	15	0:51:38	13 - 15 / 15
126. LISA VERCHER, STOCKTON, CA	35	0:51:45	35 - 39 / 15
127. LEE EDMARK, ANTIOCH, CA	60	0:52:20	60 - 69 / 8
128. SANDY CONFETTI, ANTIOCH, CA	56	0:52:27	50 - 59 / 18
129. LINDA TROWSDALE, ANTIOCH, CA	57	0:52:27	50 - 59 / 19
130. CAROLYN ROTMAN, ANTIOCH, CA	43	0:53:10	40 - 44 / 19
131. ANNA DOUGLAS, ANTIOCH, CA	46	0:53:12	45 - 49 / 12
132. KAREN RUSSO, ANTIOCH, CA	46	0:53:14	45 - 49 / 13

3 MILE RUN/WALK

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
133. STACY COMP, NOVATO, CA	32	0:53:33	30 - 34 / 6
134. SUSANA WILLIAMS, ANTIOCH, CA	50	0:54:36	50 - 59 / 20
135. DAWN COTTON, ANTIOCH, CA	45	0:54:38	45 - 49 / 14
136. TAMMY ROBERTS, ANTIOCH, CA	44	0:55:16	40 - 44 / 20
137. ALEXIS ROBERTS, ANTIOCH, CA	12	0:55:16	10 - 12 / 18
138. CHARLOTTE BURROR, ANTIOCH, CA	56	0:55:24	50 - 59 / 21
139. ALMA MAREK, ANTIOCH, CA	68	0:57:44	60 - 69 / 9
140. MICHELE HALL, ANTIOCH, CA	40	0:58:45	40 - 44 / 21
141. SANDY STAUFFER, CONCORD, CA	67	0:59:27	60 - 69 / 10
142. CARRIE STAUFFER, CONCORD, CA	45	0:59:52	45 - 49 / 15
143. CYNDI STAUFFER, CONCORD, CA	46	1:00:03	45 - 49 / 16
144. KC STRONG, ANTIOCH, CA	12	1:00:09	10 - 12 / 19
145. KARNELIA STRONG, ANTIOCH, CA	50	1:00:22	50 - 59 / 22
146. GRETA GALINDO, DIXON, CA	29	1:00:58	25 - 29 / 6
147. EMILY SLATTEN, ANTIOCH, CA	49	1:01:28	45 - 49 / 17
148. SHARON BESWICK, ANTIOCH, CA	57	1:01:28	50 - 59 / 23
149. SUE MADRIGAL, ANTIOCH, CA	52	1:03:00	50 - 59 / 24
150. DEB BLOMBERG, MARTINEZ, CA	41	1:03:05	40 - 44 / 22
151. ELIZABETH HALL, ANTIOCH, CA	70	1:03:06	70 - 99 / 6
152. CHRISTINA SAMSON, BRENTWOOD, CA	37	1:04:16	35 - 39 / 16
153. BROOKE SAMSON, BRENTWOOD, CA	10	1:04:16	10 - 12 / 20
154. ELOISE MAYNARD, ANTIOCH, CA	61	1:04:25	60 - 69 / 11
155. JAMIE SAMSON, BRENTWOOD, CA	4	1:04:29	1 - 9 / 4
156. JOANN CROW, OAKLEY, CA	38	1:05:23	35 - 39 / 17
157. KRISTINA FONG, ANTIOCH, CA	14	1:05:24	13 - 15 / 16
158. GWENN EHRLICKI, OAKLEY, CA	55	1:11:35	50 - 59 / 25
159. MARIAN PARTRIDGE, PITTSBURG, CA		1:14:00	0 - 0 / 1
160. MARIAM FONG, ANTIOCH, CA	40	1:15:28	40 - 44 / 23

10K RUN

TOP FINISHERS

Top Men

	AGE	TIME
1. AVERY JAMES, ANTIOCH, CA	17	0:37:59
2. PETER CERESA, MARTINEZ, CA	35	0:38:24
3. JEFF COWLING, BRENTWOOD, CA	46	0:38:41
4. ERICH KYGER, ANTIOCH, CA	46	0:40:36
5. ADAM SMITH, PLEASANT HILL, CA	29	0:40:51

Top Women

	AGE	TIME
1. MARIANNE BALDETTI, WALNUT CREEK, CA	40	0:43:04
2. TRACY GUYMON, WALNUT CREEK, CA	24	0:43:39
3. OLIVIA VEGH, SANTA CRUZ, CA	20	0:45:02
4. CARINA HENDRICKS, SANTA CRUZ, CA	19	0:45:35
5. JO BECK, SANTA CRUZ, CA	19	0:46:28

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10K RUN

MEN'S DIVISION RESULTS BY AGE GROUP

Division: Men - 14-18	AGE	TIME	
1. AVERY JAMES, ANTIOCH, CA	17	0:37:59	O'All: 1
2. JACOB ROBERTSON, ANTIOCH, CA	15	0:45:57	O'All: 19
3. MATTHEW MC GUIRE, ANTIOCH, CA	15	0:47:12	O'All: 23
4. COREY MANGAS, BRENTWOOD, CA	14	0:53:05	O'All: 40
 Division: Men - 19-29	 AGE	 TIME	
1. ADAM SMITH, PLEASANT HILL, CA	29	0:40:51	O'All: 5
2. LEONARDO CASTRO, BRENTWOOD, CA	23	0:44:43	O'All: 10
3. GREG SAWYER, CONCORD, CA	24	0:45:04	O'All: 12
4. CHRIS HUMMEL, RIO VISTA, CA	29	0:45:18	O'All: 15
 Division: Men - 30-39	 AGE	 TIME	
1. PETER CERESA, MARTINEZ, CA	35	0:38:24	O'All: 2
2. JIM BRINER, BRENTWOOD, CA	39	0:41:40	O'All: 8
3. JAY BONCODIN, BRENTWOOD, CA	34	0:45:18	O'All: 14
4. KEN HALE, SAN LEANDRO, CA	37	0:45:39	O'All: 16
5. JORGE GONZALEZ, SAN PABLO, CA	39	0:45:59	O'All: 20
6. MAURICE DAROY, BRENTWOOD, CA	35	0:48:08	O'All: 28
7. RAFAEL OCHOA, NAPA, CA	30	0:53:38	O'All: 42
8. NILO ARCILLA, AMERICAN CANYON, CA	39	0:58:40	O'All: 52
9. MICHELE KEADY, BRENTWOOD, CA	39	1:01:54	O'All: 55
10. RICHARD WARA, ANTIOCH, CA	39	1:04:28	O'All: 57
11. BOBBY MAGEE, CONCORD, CA	31	1:08:28	O'All: 59
12. TIM SELF, LOWER LAKE, CA	39	1:30:09	O'All: 62
 Division: Men - 40-49	 AGE	 TIME	
1. JEFF COWLING, BRENTWOOD, CA	46	0:38:41	O'All: 3
2. ERICH KYGER, ANTIOCH, CA	46	0:40:36	O'All: 4
3. DAN SCHOENHOLZ, WALNUT CREEK, CA	42	0:41:30	O'All: 6
4. BOB SANCHEZ, LIVERMORE, CA	48	0:41:34	O'All: 7
5. DAVID SAM, RENTWOOD, CA	46	0:44:44	O'All: 11
6. JOHN POPPLETON, DANVILLE, CA	46	0:45:16	O'All: 13
7. MANNY GOULART, ANTIOCH, CA	45	0:45:40	O'All: 17
8. JEFFREY HODGES, ANTIOCH, CA	46	0:47:44	O'All: 24
9. MIKE SCHOENHOLZ, WALNUT CREEK, CA	46	0:48:07	O'All: 27
10. PHIL MELMAN, OCCIDENTAL, CA	40	0:49:39	O'All: 31
11. BARRY RAUSCH, ANTIOCH, CA	42	0:49:58	O'All: 33
12. JEFF MROCZKOWSKI, LAFAYETTE, CA	41	0:50:17	O'All: 34
13. MARK DEVEN, ANTIOCH, CA	48	0:50:23	O'All: 35
14. JOE FABIAN, ANTIOCH, CA	44	0:50:45	O'All: 36
15. MIKE ZIMMERMAN, ANTIOCH, CA	45	0:54:59	O'All: 43
16. MIKE LEMKE, BRENTWOOD, CA	41	0:55:13	O'All: 44
17. FRANK YIEN, SAN RAMON, CA	44	0:55:43	O'All: 46
18. DANIEL RUXIN, ANTIOCH, CA	47	0:56:34	O'All: 47

10K RUN

MEN'S DIVISION RESULTS BY AGE GROUP

Division:	Men - 40-49 (CONTINUED)	AGE	TIME	
	19. BILL TERRY, PLEASANTON, CA	49	0:57:28	O'All: 48
	20. RON PERRY, OAKLEY, CA	49	0:58:37	O'All: 51
	21. MIKE MOORE, WALNUT CREEK, CA	42	1:04:28	O'All: 56
	22. JOHN GREER, ANTIOCH, CA	44	1:08:26	O'All: 58

Division:	Men - 50-59	AGE	TIME	
	1. DENNIS TRACY, BRENTWOOD, CA	59	0:43:02	O'All: 9
	2. DAVID OSBURN, PINOLE, CA	56	0:45:44	O'All: 18
	3. R, WOODBURY, SACRAMENTO, CA	56	0:46:08	O'All: 21
	4. OWEN ALFORD, TRACY, CA	50	0:46:17	O'All: 22
	5. ELLIOTT BOWMAN, VALLEJO, CA	55	0:48:05	O'All: 25
	6. JOHN MANGAS, BRENTWOOD, CA	52	0:48:07	O'All: 26
	7. GARY FRASER, PITTSBURG, CA	57	0:48:18	O'All: 29
	8. ALAN GINOS, WALNUT CREEK, CA	53	0:49:56	O'All: 32
	9. TOM FORD, CONCORD, CA	53	0:51:19	O'All: 37
	10. TOM BARRY, ANTIOCH, CA	55	0:52:38	O'All: 39
	11. MARK JOSEPH, WALNUT CREEK, CA	51	0:53:18	O'All: 41
	12. AL HANSEN, BRENTWOOD, CA	50	0:55:23	O'All: 45
	13. RALPH GARROW JR, ANTIOCH, CA	53	0:57:38	O'All: 49
	14. ALLAN CACCIARONI, ANTIOCH, CA	51	1:01:34	O'All: 54
	15. JOSEPH GORALKA, ANTIOCH, CA	51	1:14:02	O'All: 60

Division:	Men - 60-69	AGE	TIME	
	1. RAY STUART, SAN FRANCISCO, CA	62	0:51:33	O'All: 38
	2. JON DRURY, CASTRO VALLEY, CA	61	0:58:09	O'All: 50
	3. MERLIN EDWARDS, OAKLAND, CA	65	1:31:40	O'All: 63

Division:	Men - 70-99	AGE	TIME	
	1. PAUL FLANAGAN, LONGVIEW, WA	74	0:48:45	O'All: 30
	2. MICHAEL SMITH, EL CERRITO, CA	71	1:00:08	O'All: 53
	3. WALTER BORTZ, PORTOLA VALLEY, CA	75	1:15:50	O'All: 61

10K RUN

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 1-13	AGE	TIME	
1. ALISIA CACCARONI, ANTIOCH, CA	13	1:10:35	O'All: 37

Division: Women - 14-18	AGE	TIME	
1. LAURA BLITTMAN, ANTIOCH, CA	17	0:48:19	O'All: 8
2. SYDNEY KOFFORD, OAKLEY, CA	15	0:54:19	O'All: 19

Division: Women - 19-29	AGE	TIME	
1. TRACY GUYMON, WALNUT CREEK, CA	24	0:43:39	O'All: 2
2. OLIVIA VEGH, SANTA CRUZ, CA	20	0:45:02	O'All: 3
3. CARINA HENDRICKS, SANTA CRUZ, CA	19	0:45:35	O'All: 4
4. JO BECK, SANTA CRUZ, CA	19	0:46:28	O'All: 5
5. JENNIFER BARNES, DUBLIN, CA	25	0:47:23	O'All: 6
6. JENNIFER BRIDGEMAN, UNION CITY, CA	26	0:47:59	O'All: 7
7. MOLLY SEEL, GREENSBORO, NC	26	0:50:54	O'All: 12
8. CHRISSY HEMENES, BRENTWOOD, CA	23	0:59:46	O'All: 25

Division: Women - 30-39	AGE	TIME	
1. TRICIA HAMLIN, STA HELENA, CA	35	0:50:04	O'All: 10
2. CHRISTINE GONZALES, VALLEJO, CA	39	0:52:30	O'All: 15
3. JEN MELMAN, OCCIDENTAL, CA	34	0:53:50	O'All: 18
4. MOLLY WELKER, BRENTWOOD, CA	35	0:54:22	O'All: 20
5. CYNTHIA JOHNSON, ANTIOCH, CA	31	0:54:23	O'All: 21
6. LISA AGUILERA, SANTA ROSA, CA	32	1:00:53	O'All: 26
7. ERIN ROBERTS, BRENTWOOD, CA	30	1:02:16	O'All: 30
8. NANCY SBRANTI, OAKLEY, CA	36	1:02:19	O'All: 31
9. AURA CUMAGUN, ANTIOCH, CA	37	1:07:31	O'All: 35

10K RUN

WOMEN'S DIVISION RESULTS BY AGE GROUP

Division: Women - 40-49	AGE	TIME	
1. MARIANNE BALDETTI, WALNUT CREEK, CA	40	0:43:04	O'All: 1
2. DANA FARKAS, LAFAYETTE, CA	46	0:48:45	O'All: 9
3. LAURA MUGNO, ANTIOCH, CA	43	0:50:40	O'All: 11
4. KIM MROCZKOWSKI, LAFAYETTE, CA	40	0:50:59	O'All: 13
5. LAURA ALLEN, WALNUT CREEK, CA	43	0:52:06	O'All: 14
6. JILL ROBERTSON, ANTIOCH, CA	43	0:52:32	O'All: 16
7. LANEI MEZA, ANTIOCH, CA	41	0:53:23	O'All: 17
8. CATHY RINNER, ANTIOCH, CA	46	0:57:45	O'All: 22
9. JEANETTE HURWITZ, ANTIOCH, CA	43	0:58:05	O'All: 23
10. MICHELLE VIISE, EL CERRITO, CA	41	1:01:24	O'All: 27
11. TAMI ERVIN, BRENTWOOD, CA	46	1:01:53	O'All: 28
12. LORI METCALF, OAKLEY, CA	41	1:02:10	O'All: 29
13. NANCY KAISER, BRENTWOOD, CA	46	1:03:32	O'All: 32
14. AMY TIEKU, EL CERRITO, CA	42	1:03:33	O'All: 33
15. LAURIE GREER, ANTIOCH, CA	42	1:08:10	O'All: 36
16. DORENE DODD, PLEASANTON, CA	44	1:16:11	O'All: 38
17. LORI KLOSSNER, OAKLEY, CA	47	1:16:49	O'All: 39
18. JUDY ZEIGLER, HAYWARD, CA	41	1:19:48	O'All: 40

Division: Women - 50-59	AGE	TIME	
1. BARBARA GINOS, WALNUT CREEK, CA	53	0:58:48	O'All: 24
2. SUE SCHECHTMAN, MORAGA, CA	58	1:19:50	O'All: 41

Division: Women - 70-99	AGE	TIME	
1. BARBARA ROBBEN, BERKELEY, CA	71	1:04:33	O'All: 34

10K RUN

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. AVERY JAMES, ANTIOCH, CA	17	0:37:59	14 - 18 / 1
2. PETER CERESA, MARTINEZ, CA	35	0:38:24	30 - 39 / 1
3. JEFF COWLING, BRENTWOOD, CA	46	0:38:41	40 - 49 / 1
4. ERICH KYGER, ANTIOCH, CA	46	0:40:36	40 - 49 / 2
5. ADAM SMITH, PLEASANT HILL, CA	29	0:40:51	19 - 29 / 1
6. DAN SCHOENHOLZ, WALNUT CREEK, CA	42	0:41:30	40 - 49 / 3
7. BOB SANCHEZ, LIVERMORE, CA	48	0:41:34	40 - 49 / 4
8. JIM BRINER, BRENTWOOD, CA	39	0:41:40	30 - 39 / 2
9. DENNIS TRACY, BRENTWOOD, CA	59	0:43:02	50 - 59 / 1
10. LEONARDO CASTRO, BRENTWOOD, CA	23	0:44:43	19 - 29 / 2
11. DAVID SAM, RENTWOOD, CA	46	0:44:44	40 - 49 / 5
12. GREG SAWYER, CONCORD, CA	24	0:45:04	19 - 29 / 3
13. JOHN POPPLETON, DANVILLE, CA	46	0:45:16	40 - 49 / 6
14. JAY BONCODIN, BRENTWOOD, CA	34	0:45:18	30 - 39 / 3
15. CHRIS HUMMEL, RIO VISTA, CA	29	0:45:18	19 - 29 / 4
16. KEN HALE, SAN LEANDRO, CA	37	0:45:39	30 - 39 / 4
17. MANNY GOULART, ANTIOCH, CA	45	0:45:40	40 - 49 / 7
18. DAVID OSBURN, PINOLE, CA	56	0:45:44	50 - 59 / 2
19. JACOB ROBERTSON, ANTIOCH, CA	15	0:45:57	14 - 18 / 2
20. JORGE GONZALEZ, SAN PABLO, CA	39	0:45:59	30 - 39 / 5
21. R. WOODBURY, SACRAMENTO, CA	56	0:46:08	50 - 59 / 3
22. OWEN ALFORD, TRACY, CA	50	0:46:17	50 - 59 / 4
23. MATTHEW MC GUIRE, ANTIOCH, CA	15	0:47:12	14 - 18 / 3
24. JEFFREY HODGES, ANTIOCH, CA	46	0:47:44	40 - 49 / 8
25. ELLIOTT BOWMAN, VALLEJO, CA	55	0:48:05	50 - 59 / 5
26. JOHN MANGAS, BRENTWOOD, CA	52	0:48:07	50 - 59 / 6
27. MIKE SCHOENHOLZ, WALNUT CREEK, CA	46	0:48:07	40 - 49 / 9
28. MAURICE DAROY, BRENTWOOD, CA	35	0:48:08	30 - 39 / 6
29. GARY FRASER, PITTSBURG, CA	57	0:48:18	50 - 59 / 7
30. PAUL FLANAGAN, LONGVIEW, WA	74	0:48:45	70 - 99 / 1
31. PHIL MELMAN, OCCIDENTAL, CA	40	0:49:39	40 - 49 / 10
32. ALAN GINOS, WALNUT CREEK, CA	53	0:49:56	50 - 59 / 8
33. BARRY RAUSCH, ANTIOCH, CA	42	0:49:58	40 - 49 / 11
34. JEFF MROCKOWSKI, LAFAYETTE, CA	41	0:50:17	40 - 49 / 12
35. MARK DEVEN, ANTIOCH, CA	48	0:50:23	40 - 49 / 13
36. JOE FABIAN, ANTIOCH, CA	44	0:50:45	40 - 49 / 14
37. TOM FORD, CONCORD, CA	53	0:51:19	50 - 59 / 9
38. RAY STUART, SAN FRANCISCO, CA	62	0:51:33	60 - 69 / 1
39. TOM BARRY, ANTIOCH, CA	55	0:52:38	50 - 59 / 10
40. COREY MANGAS, BRENTWOOD, CA	14	0:53:05	14 - 18 / 4
41. MARK JOSEPH, WALNUT CREEK, CA	51	0:53:18	50 - 59 / 11
42. RAFAEL OCHOA, NAPA, CA	30	0:53:38	30 - 39 / 7
43. MIKE ZIMMERMAN, ANTIOCH, CA	45	0:54:59	40 - 49 / 15
44. MIKE LEMKE, BRENTWOOD, CA	41	0:55:13	40 - 49 / 16

10K RUN

MEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
45. AL HANSEN, BRENTWOOD, CA	50	0:55:23	50 - 59 / 12
46. FRANK YIEN, SAN RAMON, CA	44	0:55:43	40 - 49 / 17
47. DANIEL RUXIN, ANTIOCH, CA	47	0:56:34	40 - 49 / 18
48. BILL TERRY, PLEASANTON, CA	49	0:57:28	40 - 49 / 19
49. RALPH GARROW JR, ANTIOCH, CA	53	0:57:38	50 - 59 / 13
50. JON DRURY, CASTRO VALLEY, CA	61	0:58:09	60 - 69 / 2
51. RON PERRY, OAKLEY, CA	49	0:58:37	40 - 49 / 20
52. NILO ARCILLA, AMERICAN CANYON, CA	39	0:58:40	30 - 39 / 8
53. MICHAEL SMITH, EL CERRITO, CA	71	1:00:08	70 - 99 / 2
54. ALLAN CACCIARONI, ANTIOCH, CA	51	1:01:34	50 - 59 / 14
55. MICHELE KEADY, BRENTWOOD, CA	39	1:01:54	30 - 39 / 9
56. MIKE MOORE, WALNUT CREEK, CA	42	1:04:28	40 - 49 / 21
57. RICHARD WARA, ANTIOCH, CA	39	1:04:28	30 - 39 / 10
58. JOHN GREER, ANTIOCH, CA	44	1:08:26	40 - 49 / 22
59. BOBBY MAGEE, CONCORD, CA	31	1:08:28	30 - 39 / 11
60. JOSEPH GORALKA, ANTIOCH, CA	51	1:14:02	50 - 59 / 15
61. WALTER BORTZ, PORTOLA VALLEY, CA	75	1:15:50	70 - 99 / 3
62. TIM SELF, LOWER LAKE, CA	39	1:30:09	30 - 39 / 12
63. MERLIN EDWARDS, OAKLAND, CA	65	1:31:40	60 - 69 / 3



10K RUN

WOMEN'S DIVISION OVERALL RESULTS

	AGE	TIME	DIVISION/FNSH
1. MARIANNE BALDETTI, WALNUT CREEK, CA	40	0:43:04	40 - 49 / 1
2. TRACY GUYMON, WALNUT CREEK, CA	24	0:43:39	19 - 29 / 1
3. OLIVIA VEGH, SANTA CRUZ, CA	20	0:45:02	19 - 29 / 2
4. CARINA HENDRICKS, SANTA CRUZ, CA	19	0:45:35	19 - 29 / 3
5. JO BECK, SANTA CRUZ, CA	19	0:46:28	19 - 29 / 4
6. JENNIFER BARNES, DUBLIN, CA	25	0:47:23	19 - 29 / 5
7. JENNIFER BRIDGEMAN, UNION CITY, CA	26	0:47:59	19 - 29 / 6
8. LAURA BLITTMAN, ANTIOCH, CA	17	0:48:19	14 - 18 / 1
9. DANA FARKAS, LAFAYETTE, CA	46	0:48:45	40 - 49 / 2
10. TRICIA HAMLIN, STA HELENA, CA	35	0:50:04	30 - 39 / 1
11. LAURA MUGNO, ANTIOCH, CA	43	0:50:40	40 - 49 / 3
12. MOLLY SEEL, GREENSBORO, NC	26	0:50:54	19 - 29 / 7
13. KIM MROCZKOWSKI, LAFAYETTE, CA	40	0:50:59	40 - 49 / 4
14. LAURA ALLEN, WALNUT CREEK, CA	43	0:52:06	40 - 49 / 5
15. CHRISTINE GONZALES, VALLEJO, CA	39	0:52:30	30 - 39 / 2
16. JILL ROBERTSON, ANTIOCH, CA	43	0:52:32	40 - 49 / 6
17. LANEI MEZA, ANTIOCH, CA	41	0:53:23	40 - 49 / 7
18. JEN MELMAN, OCCIDENTAL, CA	34	0:53:50	30 - 39 / 3
19. SYDNEY KOFFORD, OAKLEY, CA	15	0:54:19	14 - 18 / 2
20. MOLLY WELKER, BRENTWOOD, CA	35	0:54:22	30 - 39 / 4
21. CYNTHIA JOHNSON, ANTIOCH, CA	31	0:54:23	30 - 39 / 5
22. CATHY RINNER, ANTIOCH, CA	46	0:57:45	40 - 49 / 8
23. JEANETTE HURWITZ, ANTIOCH, CA	43	0:58:05	40 - 49 / 9
24. BARBARA GINOS, WALNUT CREEK, CA	53	0:58:48	50 - 59 / 1
25. CHRISSY HEMENES, BRENTWOOD, CA	23	0:59:46	19 - 29 / 8
26. LISA AGUILERA, SANTA ROSA, CA	32	1:00:53	30 - 39 / 6
27. MICHELLE VIISE, EL CERRITO, CA	41	1:01:24	40 - 49 / 10
28. TAMI ERVIN, BRENTWOOD, CA	46	1:01:53	40 - 49 / 11
29. LORI METCALF, OAKLEY, CA	41	1:02:10	40 - 49 / 12
30. ERIN ROBERTS, BRENTWOOD, CA	30	1:02:16	30 - 39 / 7
31. NANCY SBRANTI, OAKLEY, CA	36	1:02:19	30 - 39 / 8
32. NANCY KAISER, BRENTWOOD, CA	46	1:03:32	40 - 49 / 13
33. AMY TIEKU, EL CERRITO, CA	42	1:03:33	40 - 49 / 14
34. BARBARA ROBBEN, BERKELEY, CA	71	1:04:33	70 - 99 / 1
35. AURA CUMAGUN, ANTIOCH, CA	37	1:07:31	30 - 39 / 9
36. LAURIE GREER, ANTIOCH, CA	42	1:08:10	40 - 49 / 15
37. ALISIA CACCARONI, ANTIOCH, CA	13	1:10:35	1 - 13 / 1
38. DORENE DODD, PLEASANTON, CA	44	1:16:11	40 - 49 / 16
39. LORI KLOSSNER, OAKLEY, CA	47	1:16:49	40 - 49 / 17
40. JUDY ZEIGLER, HAYWARD, CA	41	1:19:48	40 - 49 / 18
41. SUE SCHECHTMAN, MORAGA, CA	58	1:19:50	50 - 59 / 2

Photograph Acknowledgments

The photographs included in the 2005 Holiday Run and Walk for Health Results Book were produced by Jerry Britton, Bob Harrison, and Craig Cheslog.

GATO (Give Always to Others) filmed the 2005 event, a tape of which aired on Comcast Cable in Contra Costa County.

Holiday Run and Walk for Health
c/o Gloria Omania
4219 Woodland Drive
Concord, CA 94521

SIGN UP TODAY!

30th Annual Holiday Run and Walk for Health
Saturday, December 9, 2006
Cypress Meadows, Antioch